Spanish Gypsy

拍數: 32

級數: Intermediate



音樂: Carita Morena - Andy Y Lucas

This music is Flamenco music and the dance has a lot of Flamenco moves. Dance with lots of Latin attitude

INTRODUCTION (32 COUNTS)

Start as soon as the music starts with a beat

- 1-8 Bring up your right hand above your head in a sweeping movement making circular wrist movements
- 9-16 Bring up your left hand above your head in a sweeping movement making circular wrist movements
- 1-2 Place left foot diagonally forward left and then bring back next to right

At the same time as you place your foot forward leave hand up above your head as you bring back next to right bring both hand down by you waist, palms facing up

3-4 Place right foot diagonally forward right and then bring back next to left

At the same time as you place you foot forward bring both hands up above your head and as you bring back next to left bring both hand down by your waist, palms facing up

- 5-6 Repeat counts 1-2
- 7&8 Making ¼ turn right step right forward, lock left behind right, making another ¼ turn right step right forward

At the same time bring your right hand up and leave left hand by your waist, make circular wrist movements with right hand

9-16 repeat counts 1-8 of this section

1-2 Place left foot forward and bring back next to right

At the same time bring both hands up and then bring them back down by waist with palms facing up3-4Place right foot forward and bring back next to left

- At the same time bring both hands up and then bring them back down by waist with palms facing up
- 5-8 Repeat counts 1-4

THE MAIN DANCE (32 COUNTS)

SIDE ROCK & CROSS, SIDE ROCK AND CROSS, MAMBO FORWARD LEFT, MAMBO RIGHT BACK

- 1&2 Rock left to left side, recover weight to right cross left over right
- 3&4 Rock right to right side, recover weight to left cross right over left
- 5&6 Rock forward on left, recover onto right, step left beside right
- 7&8 Rock back on right, recover onto left, step right beside left

SHUFFLE LEFT BACK, SHUFFLE RIGHT BACK ¼ SAILOR TURN LEFT, SHUFFLE RIGHT FORWARD

- 1&2 Step left back, close right in front of left, step left back
- 3&4 Step right back close left in front of right, step right back
- 5&6 Sweep left behind right making a ¼ turn left step right to right side, step left beside right
- 7&8 Step right forward, close left behind right, step right forward

STEP PIVOT STEP, FULL TURN RIGHT, SHUFFLE FORWARD LEFT, SHUFFLE FORWARD RIGHT

- 1&2 Step left forward, pivot ½ turn right, step left forward
- 3&4 Step right forward, pivot ½ turn right step back on left, making ½ turn right step forward on right
- Option: counts 3&4 can be replaced with a right shuffle forward
- 5&6 Step left forward, close right behind left, step left forward
- 7&8 Step right forward, close left behind right, step right forward





牆數:4

CHASSE LEFT FLICK HEEL, CHASSE RIGHT FLICK HEEL BUMP HIPS FORWARD AND BACK
Start this section with right hand up and left hand by waist, flamenco style
1&2 Step left to left side, close right beside left, step left to left side
Sweep left hand down to touch flick right heel up right heel & bring left hand up
3&4 Step right to right side, close left beside right, step right to right side
Sweep right hand down to touch flick left heel up left heel & and bring right hand up
5&6 Step left to left side, close right beside left, step left to left side
Sweep right hand down and sweep left hand down to touch right heel &bring left hand up
5&6 Step right forward diagonally at same time bump hip forward, bump hips back and forward again
Bring both hands up

REPEAT

RESTART During 5th wall restart dance after count 16