

Spin

拍數: 48 牆數: 4 級數:
編舞者: Erica Wepler (USA)
音樂: What's the Matter With You Baby - Claudia Church



CROSS, TOUCH, CROSS, TOUCH, CROSS, TOUCH, TURN, BRUSH

- 1 Cross left foot in front of right foot
- 2 Touch right toe to right side
- 3 Cross right foot in front of left foot
- 4 Touch left toe to left side
- 5 Cross left foot in front of right foot
- 6 Touch right toe to right side
- 7 Pivot ½ turn right on ball of left and step right beside left
- 8 Brush left foot forward

CROSS, TOUCH, CROSS, TOUCH, CROSS, TOUCH, TURN, BRUSH

- 9 Cross left foot in front of right foot
- 10 Touch right toe to right side
- 11 Cross right foot in front of left foot
- 12 Touch left toe to left side
- 13 Cross left foot in front of right foot
- 14 Touch right toe to right side
- 15 Pivot ½ turn right on ball of left and step right beside left
- 16 Brush left foot forward

SHUFFLE FORWARD, STEP, PIVOT ½, SHUFFLE FORWARD, STEP, PIVOT ½

- 17 Step forward on left foot
- & Slide right foot next to left foot
- 18 Step forward on left foot
- 19 Step forward on right foot
- 20 Pivot ½ turn left
- 21 Step forward on right foot
- & Slide left foot next to right foot
- 22 Step forward on right foot
- 23 Step forward on left foot
- 24 Pivot ½ turn right

TURNING SHUFFLE, PIVOT ½, PIVOT ½, SHUFFLE LEFT, ROCK, RECOVER

- 25 Step forward on left foot, making ¼ turn left
- & Slide right foot next to left foot
- 26 Step to left with left foot
- 27 Pivot ½ turn right on ball of left and step right shoulder width apart
- 28 Pivot ½ turn right on ball of right keeping weight on right
- 29 Step to left with left foot
- & Slide right foot next to left foot
- 30 Step to left with left foot
- 31 Rock back onto right foot
- 32 Step forward onto left foot

SHUFFLE RIGHT, PIVOT ½, PIVOT ½, SHUFFLE RIGHT, ROCK, RECOVER

- 33 Step to right with right foot

& Slide left foot next to right foot
34 Step to right with right foot
35 Pivot ½ turn left on ball of right and step left shoulder width apart
36 Pivot ½ turn left on ball of left foot, keeping weight on left foot
37 Step to right with right foot
& Slide left foot next to right foot
38 Step to right with right foot
39 Rock back onto left foot
40 Step forward onto right foot

ROCKING CHAIR, KICK-BALL-CHANGE, STOMP, STOMP

41 Rock forward onto left foot
42 Step back onto right foot
43 Rock back onto left foot
44 Step forward onto right foot
45 Kick left foot forward
& Step down on ball of left foot next to right foot
46 Change weight to right foot
47 Stomp left foot next to right foot
48 Stomp right foot in place

REPEAT
