Spinning Around



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Jazzie Rhoades

音樂: Spinning Around - Kylie Minogue



KICK STEP CROSS, TAP TAP CROSS, HIP BUMPS

1&2 Kick right foot diagonally right, step onto right foot, cross left over right

3&4 Touch right foot beside left twice, point right foot to right side

&5&6 Bump hips: left, right, left, right

&7&8 Bump hips: left, right, left, right (stepping weight onto right)

SAILOR TURN, HEEL TAPS, TOE SWITCHES, TURN 1/4 LEFT, BODY ROLL

1&2 Cross left behind right turning ¼ turn left, step right beside left, step left foot forward

3&4 Tap right feel forward, step right beside left, tap left heel forward

&5&6 Step left beside right, point right to right side, step right beside left, point left to left side

&7-8 Turn ¼ turn left on ball of right foot, keeping weight on right foot, and body roll up transferring

weight onto left foot

KICK AND HEEL, CROSS UNWIND 3/4, SLIDE, AND HEEL AND TOUCH

1&2 Kick right foot forward, step right beside left, tap left heel forward &3-4 Step left beside right, cross right over left, unwind ¾ anti to the right

5-6 Step largely to right side, slide left to right side

&7&8 Step back on left, tap right heel forward, step right slightly in front of left, touch left beside

right

MASHED POTATOES, STEP LOCK STEP, SPIN

&1&2 Split both heels, split both toes as right foot moves behind left, split both heels moving left

foot parallel with right, split both toes as left foot moves behind right

&3&4 Split both heels, split both toes as right foot moves behind left, split both heels moving left

foot parallel with right, split both toes as left foot moves behind right

5&6 Step right foot forward, lock left behind right, step right foot forward

Step back on left foot turning ½ turn to the right, step forward on right foot turning ½ turn to

the right, step left foot forward

REPEAT