COPPER KNOB

拍數: 40

級數: Intermediate

編舞者: Alison Crawford (UK) & Chris Hodgson (UK)

牆數:4

音樂: Saddle Up (Country Style) - David Christie

KICK-KICK / STEP AND TOUCH / CROSS UNWIND / SWIVELS

- 1-2 Kick right foot forward twice
- &3 Step right foot in place, touch left toes out to left side
- 4 Cross left toes over right foot
- 5-6 Unwind ¹/₂ turn right (heels to left), swivel both heels to right
- 7&8 Swivel both heels left-right-center

KICK-KICK / STEP AND TOUCH / CROSS UNWIND / SWIVELS

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- &3 Step left foot in place, touch right toes out to right side
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- 5-6 Unwind ¹/₂ turn left (heels to right), swivel both heels to left
- 7&8 Swivel both heels right-left-center

STOMP / LOCK / STOMPS

- 1-2 Stomp left foot slightly forward, stomp and lock right foot behind left foot
- 3&4 Stomp in locked position-left-right-left
- 5-6 Stomp right foot slightly forward, stomp and lock left foot behind right foot
- 7&8 Stomp in locked position-right-left-right

STOMP / KNEE POP / HEELS IN-OUT-CENTER / ½ TURN RIGHT WITH KNEE POPS / HOPS FORWARD

- 1&2 Stomp left foot forward, lift both heels up and down (knees bent)
- 3&4 Weight on toes swivel both heels in-out-center
- Lift both heels up and down making ¼ turn right (on balls of feet, knees bent)
- &6 Lift both heels up and down making ¼ turn right (on balls of feet, knees bent)
- 7&8 Hop forward on right foot three times with left knee hitched up

STEP / ½ TURN / KICK-CROSS / SWIVELS WITH ¼ TURN RIGHT / SWIVELS

- 1-2 Step forward onto left foot, pivot ½ turn right
- 3-4 Kick left foot forward, cross left toes over right foot
- 5-6 Swivel both heels left as you make ¹/₄ turn right, swivel both heels right
- 7&8 Swivel both heels left, swivel both heels right, swivel both heels to center

REPEAT

