

拍數: 64 牆數: 2

編舞者: Jackie Snyder (USA)

音樂: Stay - Dreamhouse

級數: Improver line/contra dance



RIGHT CROSS OVER LEFT, UNWIND $\frac{1}{2}$ LEFT/ LEFT CROSS OVER RIGHT, UNWIND $\frac{1}{2}$ TURN RIGHT/ KICK BALL CHANGE, $\frac{1}{2}$ TURN LEFT

- 1-4 Cross right foot over left, unwind into a ½ turn left, bringing weight o right, cross left over right bringing weight on left
- 5&6 Kick right forward, step right next to left, step left next to right
- 7-8 Step forward on right, pivot and turn ½ turn to left bringing weight forward on left

SHUFFLE FORWARD RIGHT, LEFT, RIGHT/ SHUFFLE FORWARD LEFT, RIGHT, LEFT/ TWO ¼ TURNS LEFT

- 1&2 Step forward on right, step left next to right, step forward on right
- 3&4 Step forward on left, step right next to left, step forward on left
- 5-6 Step forward on right, step a ¼ turn left with left
- 7-8 Repeat counts 5-6 above

STEP RIGHT SIDE, LEFT BEHIND AND CROSS ½ TURN RIGHT/ SHIMMIES

- 1-2 Step right to right side, step left behind right
- &3-4 Step right to right side, cross left over right, unwind into a ¹/₂ turn right
- 5&6 Shimmy or shake shoulders and lean body forward (while moving hips and legs for styling)
- 7&8 Shimmy or shake shoulders and lean body back

STEP RIGHT SIDE, LEFT BEHIND AND CROSS ½ TURN RIGHT/ SHIMMIES

- 1-2 Step right to right side, step left behind right
- &3-4 Step right to right side, cross left over right, unwind into a ¹/₂ turn right
- 5&6 Shimmy or shake shoulders and lean body forward (while moving hips and legs for styling)
- 7&8 Shimmy or shake shoulders and lean body back

1⁄4 TURN TO RIGHT SIDE, TOGETHER, FORWARD/ 1⁄2 TURN TO LEFT SIDE, TOGETHER, FORWARD

- 1-2 Turn ¼ to right while stepping right forward, slide left next to right (weight on left)
- 3-4 Step right forward, slide left and touch left next to right
- 5-6 Turn ½ turn to left while stepping left forward, slide right next to left (weight on right)
- 7-8 Step left forward, slide right and touch right next to left (you should be facing 9:00 wall)

RIGHT SIDE STEPS, TAP HEEL, CROSS, CLAPS/CROSS LEFT OVER RIGHT & UNWIND ¾ TURN RIGHT

- 1-2 Step right to right side with a lunge, tap right heel and clap
- 3-4 Cross left over right, tap left heel and clap
- 5-6 Step right to right side with lunge, tap right heel
- 7-8 Cross left over right, unwind ³⁄₄ turn to right to face 6:00 (back wall), weight on left

THREE SHUFFLES FORWARD/ROCK FORWARD AND BACK

- 1&2 Step right forward, step left next to right, step right forward
- 3&4 Step left forward, step right next to left, step left forward
- 5&6 Repeat steps 1 & 2 above
- 7&8 Rock forward on left, rock back on right, step left next to right (mambo step)

SWIVEL TO LEFT, SWIVEL TO RIGHT / LEFT ROCK BACK BEHIND RIGHT, FORWARD RIGHT, STEP SIDE LEFT, RIGHT BRUSH

- 1&2 Swivel heels to left, swivel toes to left, swivel heels to left
- 3&4 Swivel heels to right, swivel toes to right, swivel heels to right
- 5-6 Cross left behind right, rock forward on right
- 7-8 Step left to left side, brush right slightly forward to start dance again be crossing right over left

VARIATION

For count 8 of mambo step at count 55&56, bring left toe pointed inward towards right foot. Then for counts 57&58, swivel to the left while pointing toes outwards, bring toes inwards, point toes outwards. For counts 59&60 point toes inwards, then outwards, then inwards while swiveling to the right.

REPEAT

TAG

On the 4th repetition, back wall after count 40, bump hips right & left or roll hips to the right once then go into count 41 stepping right side together side.