

Step 'n' Thyme Country Girls

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Judith Campbell (NZ)
音樂: Triple Threat - Rick Tippe



STOMP, HOLD, COASTER, ½ PIVOT, SHUFFLE

- 1-2 Stomp right foot forward (taking arms out to sides) (keeping the weight still on left foot) count, hold
3&4 Step right foot back, step left foot next to right, step forward on right foot (coaster)
5-6-7&8 Step forward on left foot, ½ pivot to right, shuffle forward on left foot (left-right-left)

SIDE TOUCH, CROSS, SIDE TOUCH, CROSS, ¼ TURN & SHUFFLE, FULL TURN

- 1-2 Touch right foot to right side, cross right foot over in front of left
3-4 Touch left foot to left side, cross left foot over in front of right
5&6 Turning ¼ to right, shuffle forward on right foot (right-left-right)
7 (Moving forward), turning ½ to right stepping back on left foot
8 Turning ½ right, step forward on right foot (completing a full turn)

STEP LOCK, STEP KICK, HOOK, SIDE TAP, BACK TAP, ½ SWIVEL TO RIGHT

- 1-2 Step left foot back, cross right foot over left
3-4 Step back on left foot, kick right foot forward
5-7 Hook right foot under left knee, tap right foot out to right side, tap right foot behind left foot
8 Swivel around to the right for a ½ (keeping both feet on the floor & the weight stays on left foot)

4 HEEL DROPS (BEATS/TAPS), SIDE, HOLD, TOGETHER, STEP TAP

- 1-4 Tap right heel 4 times to the floor
Optional: Slap right thigh 4 times using palm, then back of hand, palm, then back of hand. this really suits the alternative music adding a few "Yee ha's"
5-7 Step the left foot out to left side, hold, step right foot next to left foot
8 Tap right foot next to left clapping hands

REPEAT

The music fades towards the end, just keep dancing & finish on the last (side, tap, cross) with left foot. The alternative music is a bit slower but great fun with a few yee ha's.