

Stepping Out

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Intermediate/Advanced
編舞者: Oli Geir (ICE)
音樂: Man! I Feel Like a Woman! - Shania Twain



MONTEREY ¼ TURN RIGHT 2X

- 1-2 Touch right to side, step right beside left and turn ¼ to right
- 3-4 Touch left to side, step left beside right foot
- 5-6 Touch right to side, step right beside left and turn ¼ to right
- 7-8 Touch left to side, step left beside right

STEP PIVOT ½ TURN LEFT 2 X, STROLL FORWARD RIGHT

- 1-2 Step forward on right and pivot ½ turn to left, rock forward in to left
- 3-4 Step forward on right and pivot ½ turn to left, rock forward in to left
- 5-6 Step forward on right, step left beside right
- 7-8 Step forward on right, touch left beside right

KICK BALL CHANGE, STEP BRUSH AND HITCH PIVOT ¼ TURN LEFT TWICE

- 1&2 Kick left forward, step left behind right, step right in place
- &3-4 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left
- 5&6 Kick left forward, step left behind right, step right in place
- &7-8 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left

KICK BALL CHANGE, STEP BRUSH AND HITCH PIVOT ¼ TURN LEFT 2X

- 1&2 Kick left forward, step left behind right, step right in place
- &3-4 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left
- 5&6 Kick left forward, step left behind right, step right in place
- &7-8 Step forward on left a small step, brush right heel in floor and hitch ¼ turn to left, step right beside left

CHASSE FORWARD, STEP PIVOT ½ TURN LEFT, CHASSE ½ TURN LEFT, STEP, HOLD

- 1&2 Step forward on left, step right behind left, step forward on left
- 3-4 Step forward on right and pivot ½ turn to left, rock forward into left
- 5&6 Step right in to chasse ½ turn left steeping right, left, right
- 7-8 Step left beside right, hold and clap hands

REPEAT