

Sticks And Stones

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Zandra Varnham (SCO)
音樂: You Make Me Laugh - Christina Milian



HALF RIGHT MONTEREY, ROCK RIGHT AND CROSS, KICK BALL CROSS, KICK BALL CROSS

- 1-2 Point right toe to right side, ½ turn bringing right foot in next to left
- 3&4 Rock left foot to left side, step down on right, rock left over right
- 5&6 Kick right foot forward, step down on right, step left over right
- 7&8 Kick right foot forward, step down on right, step left over right

TRIPLE ½ TURN HEEL BOUNCE, RIGHT HEEL JACK LEFT HEEL JACK CROSS RIGHT, UNWIND

- 1&2 Bounce heels three times ½ turning right weight ending up on left
- 3&4 Cross right over left, step back on left, dig right heel forward
- &5 Step down on right, cross left over right
- &6 Step right to right side, dig left heel forward
- &7-8 Step down on left, cross right over left - weight on right, unwind a full turn over left shoulder

Weight finishing on left

CHASSE RIGHT, ROCK AND RECOVER, SYNCOPATED WEAVE, CROSS SHUFFLE

- 1&2 Step right to right side, step left next to right, step right to right side
- 3&4 Rock back on left, step down on right, step left to left side
- 5&6 Cross right in front of left, step left to left to left side, step right behind left
- &7 Step left to left side, cross step right over left
- &8 Step left to left side, cross step right over left

POINT HITCH STEP, TRIPLE ½, TURN HEEL BOUNCE, KICK AND POINT, KNEE POP, ¼ KICK, STEP

- 1&2 Point left toe to left side, hitch left knee, cross step left over right
- 3&4 Bounce heels three times ½ turning right weight ending up on left
- 5&6 Kick right foot forward, step down on right, point left toe to left side
- 7&8 Knee pop left knee, ¼ turn left while kicking left forward, step down on left next to right

REPEAT
