

Still Alive

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Lisa Taylor
音樂: Stayin' Alive - N-Trance



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| 1-4 | Vine right, touch left foot together & clap |
| &5&6 | Backwards jig (like skipping backwards) starting with the left foot (left-right-left-right) |
| &7&8 | Repeat &5&6 with right-left-right-left |
| 9-12 | Vine left, touch right foot together & clap |
| &13&14 | Backwards jig (right-left-right-left) |
| &15&16 | Backwards jig (left-right-left-right) |
| 17&18 | Shuffle forward with the right foot (while you put your right arm up & the left hand touches the right elbow) |
| 19&20 | Shuffle forward with the left foot (while you put your left arm up & the right hand touches the left elbow) |
| 21-22 | Cross the right foot behind the left foot & unwind ½ turn to the right |
| 23-24 | Stomp the left foot & then the right |
| 25-28 | Heels move left, center, left, center while you point your right finger up, down, up, down (the Travolta move) |
| 29-30 | Step the right foot forward & ½ turn to the left |
| 31-32 | Step the right foot forward & ¼ turn to the left |
| 33-34 | Strut forward with the right foot (toe, heel drops) while you do 2 arm pulls |
| 35-36 | Strut forward with the left foot (toe, heel drops) while you do 2 arm pulls |
| 37-40 | Touch the right heel forward & ¼ turn to the left four times so you do a full turn to the left (while you wind your both hands together & point the right finger up on the 4th beat.) |
| 41-44 | Right hand & finger points out in front & moves from the left to the right |
| 45-48 | Left hand & finger points out in front & moves from the right to the left |
| 49&50-52 | Shuffle side step to the right, rock back on left, rock forward on right |
| 53&54-56 | Shuffle side step to the left, rock back on right, rock forward on left |

REPEAT
