

Still The One

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Justine Shuttleworth (AUS)
音樂: You're Still the One - Shania Twain



- | | |
|-------|--|
| 1-4 | Step right to right, very slightly lift left foot off the ground in slow motion, step left foot behind right, step right foot to right |
| 5-8 | Step left to left, very slightly lift right foot off the ground in slow motion, step right foot behind left, step left foot to left |
| 9-12 | Step right foot forward, hold, lock left foot behind right, step forward right |
| 13-16 | Step forward left, pivot ½ turn right, step forward left and pivot full turn left, step forward right |
| 17-20 | Rock forward on left, hold, rock back on right, step back slightly on left |
| 21-24 | Rock back on right, hold, rock forward on left, step slightly forward on right |
| 25-28 | Rock forward left, hold, rock back right, step back slightly on left |
| 29-32 | Step right foot back, pivot turn ½ turn right, step right foot back, pivot turn ½ turn right |
| 33-36 | Step back right, step left beside right, cross right over left, hold |
| 37-40 | Rock left to left, rock right in place, cross left over right, hold |
| 41-44 | Rock right to right, rock left in place, cross right over left, step left to left |
| 45-48 | Cross right over left, step left to left turning ¼ turn right, step back right, lift left foot slightly off the ground |
| 49-52 | Step forward left, step forward right turning ½ turn left, step back left, lift right foot slightly off the ground |
| 53-56 | Step forward right, step forward left turning ½ turn right, step back right, lift left foot slightly off the ground |
| 57-60 | Step left forward, lift right foot towards back of left leg, step back on right, lift left foot towards front of right leg |
| 61-64 | Step forward left, hold, step forward right turning ½ turn left, step back on left turning a further ¾ turn left |

REPEAT