Stir It Up, Boys



拍數: 32 牆數: 0 級數:

編舞者: Norma Jean Fuller (USA) & Lewis Cain (USA)

音樂: Fire - Babyface & Des'ree



Position: Begin in Side-by-side position

STEP SCUFFS

1-2	Step forward on right, scuff left forward
3-4	Step forward on left, scuff right forward
5-6	Step forward on right, scuff left forward
7-8	Step forward on left, scuff right forward

SMALL STEPS BACK, STEP TOGETHER, STEP, HIP BUMPS

1-2	Small step back on right, small step back on left
3-4	Small step back on right, small step back on left
5-6	Step to right on right, step left next to right

7-8 Step to right on right bumping hips to right, repeat hip bump

Option: look at partner on steps 1-4

STEP SCUFF TURNING ¾ TURN LEFT

1-2	Step left 1/4 turn	left releasing ri	ght hands, scuff right

3-4 Step right ¼ turn left, scuff left (RLOD)

5-6 Step left, ¼ turn left, scuff right (facing OLOD)

7-8 Step right, scuff left

VINE LEFT, STEP 1/4 TURN, SCUFF RIGHT

1-2 Step left on left, step right bel	hind left
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3-4 Step left on left, step right across in front of left

5-6 Step left on left, step right behind left
7-8 Step ¼ turn left on left, scuff right forward

Option: lady turns full turn left on steps 1-4 ending with right across in front of left

REPEAT