

Stompin Ground

COPPER KNOB
STEPSHEETS

拍數: 32
編舞者: Paul Donahey (UK)
音樂: Stomp - Steps

牆數: 4

級數: Improver



SIDE TOE SWITCHES, STEP ONTO LEFT, CLAPS, HOLD, CLAPS

- 1&2 Touch left toe to left side, step left together, touch right toe to right side
- &3 Step right together, touch left toe to left side
- &4 Hitch left knee, touch left toe to left side
- 5&6 Step weight onto left, clap hands above head twice
- 7 Hold
- &8 Clap hands above head twice

On counts 5-8, weight is evenly distributed across both feet, slightly wider than shoulder width apart finishing with weight on left

CROSS TOE TOUCHES, ROLL ARMS UP & DOWN

- 9-10 Cross touch right toes in front of left, step right to right side
- 11-12 Cross touch left toes in front of right, step left to left side
- 13-14 Roll arms up, while moving hips left, right
- 15-16 Roll arms down, while moving hips left, right

On counts 13-16, weight is evenly distributed across both feet, slightly wider than shoulder width apart

STEP KICKS LEFT & RIGHT, STEP PIVOT ½ RIGHT WITH HOOK, STEP PIVOT ¼ RIGHT WITH HOOK

- &17-18 Step weight onto left, kick right straight forward twice in front of left
- &19-20 Step weight onto right, kick left straight forward twice in front of right
- 21 Step left forward
- 22 Hook right leg behind left & slap with left hand while pivoting ½ turn right
- 23 Step right forward
- 24 Hook left leg behind right & slap with right hand while pivoting ¼ turn right

LEFT VINE WITH HOOKS OUT IN, RIGHT VINE WITH HOOKS OUT IN

- 25-27 Step left to left side, cross step right behind left, step left to left side
- &28 Hook right out to side and slap with right, hook right in front of left and slap with left
- 29-31 Step right to right side, cross step left behind right, step right to right side
- &32 Hook left out to side and slap with left, hook left in front of right and slap with right

REPEAT