Stop Ya Bitchin!



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Craig Bennett (UK) 音樂: Stop Ya Bitchin - Abs



AND 1/4 TURN, TOUCH, FLICK, KICK, COASTER STEP, ROCK RECOVER

&1-2 Step back onto the left, as you step the right forward, make a ¼ turn left turning heels

3&4 Touch right in place, flick right to right side, kick right forward

5&6 Right coaster step

7-8 Left rock forward, recover onto right

TURN SHUFFLE, KICK AND TOUCH, TOUCH HITCH CROSS, COASTER CROSS

1&2 Half turn shuffle left, (left, right, left)3&4 Kick right forward, touch left to left side

&5&6 Touch right to right side, hitch right up and cross over left (taking weight onto right)

7&8 Left coaster step crossing left over right

Tag goes here on wall 3

SIDE SHUFFLE, SAILOR 1/4 TURNS, HEAL TWISTS, TOUCH

1&2 Right side shuffle (right, left, right)

3&4 Left sailor ¼ turn left 5&6 Right sailor ¼ turn right

&7-8 Twisted heals left then right to make a ¼ turn left, touch left behind

UNWIND 1/2, HITCH AND HEAL, 1/2 AND 1/4 TURN, TOUCH

1-2 Unwind ½ turn left, hitch right knee

&3&4 Place left heal forward, and step forward onto right

5-6 ½ turn pivot, step forward onto right 7-8 ¼ turn pivot, touch right in place

REPEAT

TAG

After count 16 on the 3rd wall

1-2 Rock right to right side recover onto left
3&4 Right behind, left to side, cross right
5-6 Rock left to left, recover weight to right

7&8 Left behind side cross