Stuck In Love

拍數: 88

級數: Intermediate/Advanced

編舞者: Alan Birchall (UK)

音樂: Stuck In Love - The Judds

All stomps can be replaced with steps if required

STEP FORWARD RIGHT, LEFT, ROCK RIGHT, RECOVER, CROSS, STEP BACK LEFT, RIGHT, MODIFIED COASTER

- 1-2 Step forward on right, step forward on left
- 3&4 Rock right to right, recover on left, cross right over left
- 5-6 Step back on left, step back on right
- Step back on left, step right beside left, cross left over right 7&8

SYNCOPATED LOCK STEPS, MAMBO FORWARD, MAMBO BACKWARD

- 9&10 Step forward on right, lock left behind, step forward on right
- &11&12 Scuffing left past right step forward on left, lock right behind left, step forward on left
- &13&14 Scuffing right past left rock forward on right, recover on left, step back on right
- 15&16 Rock back on left, recover on right, step left beside right

MONTEREY TURN, SWIVET RIGHT, SWIVET LEFT, GRAPEVINE RIGHT

- 17& Point right to right, step right beside left making 1/2 turn right
- 18& Point left to left, step left beside right
- 19& On ball of left and heel of right pivot right, return to place
- 20& On ball of right and heel of left pivot left, return to place
- 21-22 Step right to right, cross left behind right
- 23-24 Step right to right scuff left by right

GRAPEVINE LEFT WITH 1/4 TURN LEFT, SCUFF, STOMP FORWARD RIGHT, TOUCH, HIP BUMPS

- Step left to left, cross right behind left 25-26
- 27-28& Step left to left making ¼ turn left, scuff right past left
- 29-30 Stomp forward on right, stomp forward on left
- 31&32& Step/touch forward on right (no weight), bump hips right, left, right - transferring weight forward to right foot

STOMP FORWARD LEFT, TOUCH, HIP BUMPS, STEP FORWARD RIGHT, STEP FORWARD LEFT, **RIGHT MAMBO**

- 33-34 Stomp forward on left, stomp forward on right
- 35&36& Step/ touch forward on left (no weight) bump hips left, right, left - transferring weight forward to left foot
- 37-38 Step forward on right, step forward on left
- Rock forward on right, recover on left, step back on right 39&40

Optional hand movements on hip bumps: with fist clenched arms hanging in front of waist, slightly lower and raise each arm in time with hips (arms act like pistons.)

STEP BACK LEFT, HOLD, ½ PIVOT, HOLD, STEP FORWARD RIGHT, HOLD, ¼ PIVOT LEFT, HOLD

- 41-42 Step back on left, hold
- 43-44 Make 1/2 pivot turn left, hold
- 45-46 Step forward on right, hold
- 47-48 Make 1/4 pivot turn left, hold





牆數: 4

STEP FORWARD, RIGHT, STEP FORWARD LEFT, TOUCH, HIP BUMPS, STOMP FORWARD LEFT, STOMP FORWARD RIGHT, TOUCH, HIP BUMPS

- 49-50 Stomp forward on right, stomp forward on left
- 51&52& Step/touch forward on right (no weight), bump hips right, left, right transferring weight forward to right foot
- 53-54 Stomp forward on left, stomp forward on right
- 55&56& Step/ touch forward on left (no weight), bump hips left, right, left transferring weight forward to left foot

Optional hand movements on hip bumps: with fist clenched arms hanging in front of waist, slightly lower and raise each arm in time with hips (arms act like pistons.)

STEP FORWARD RIGHT, STEP FORWARD LEFT, MAMBO FORWARD, MAMBO BACKWARD, MONTEREY TURN

- 57-58 Step forward on right, step forward on left
- 59&60 Rock forward on right, recover on left, step back on right
- 61&62 Rock back on left, recover on right, step left by right

63&64& Point right to right, step right by left making ½ turn right, point left to left, step left by right Optional hand movements on hip bumps: with fist clenched arms hanging in front of waist, slightly lower and raise each arm in time with hips (arms act like pistons.)

MONTEREY TURN, POINT CROSS, UNWIND ¾ TURN LEFT

- 65&66 Point right to right, step right by left making ½ turn right
- 67&68 Point left to left, step left by right
- 69-70 Point right to right, cross right over left
- 71-72 Unwind ³⁄₄ turn left

BODY ROLL CLICK FINGERS, HOLD STEP FORWARD RIGHT, STEP FORWARD LEFT, MAMBO

- 73-74 Body roll
- 75-76 Click fingers, hold
- 77-78 Step forward on right step forward on left
- 79&80 Rock forward on right, recover on left, step back on right

STEP BACK, HOLD½ PIVOT, HOLD STEP FORWARD, HOLD, ½ PIVOT, HOLD

- 81-82 Step back on left hold
- 83-84 Make ¹/₂ pivot turn left hold
- 85-86 Step forward on right hold
- 87-88 Make ½ pivot turn left hold

REPEAT