Stupid Cupid

拍數: 40

級數: Improver

編舞者: Nancy Lee (MY)

音樂: Stupid Cupid - Mandy Moore

STOMP RIGHT FORWARD, HOLD, ½ TURN LEFT, HOLD, CROSS OVER STEPS (TWIST) RIGHT-LEFT RIGHT-LEFT

- 1-2-3-4 Stomp right forward, hold, ¹/₂ turn left, hold (weight on left foot)
- 5-6-7-8 Cross right foot over left (left knee slightly bend), cross left over right, (twist), cross right over left (left knee slightly bend), cross left over right (twist)

STOMP RIGHT FORWARD, HOLD, $\frac{1}{2}$ TURN LEFT, HOLD, CROSS OVER STEPS (TWIST) RIGHT-LEFT RIGHT-LEFT

1-8 Repeat above 8 counts

HIP BUMP, HOLD, HIP BUMP, HOLD, HIP ROLLS

- 1-2 Bump hips to right side, hold
- 3-4 Bump hips to left side, hold
- 5-6-7-8 Hip rolls (2 x)

TOE STRUT(CROSS), TOE STRUT(CROSS), JAZZ BOX WITH ¼ TURN RIGHT

- 1-2 Touch right toe across in front of left, drop right heel to take weight
- 3-4 Touch left toe across in front of right, drop left heel to take weight
- 5-6 Cross step right over left, step back on left
- 7-8 Turn ¼ right stepping right to right side, step left beside right

TOE STRUT(CROSS), TOE STRUT(CROSS), JAZZ BOX WITH ¼ TURN RIGHT

1-8 Repeat above 8 counts

REPEAT

RESTART

On wall 3 (12:00), dance up to section 4, (jazz box in place, do not turn to ¼ right), then restart from section 1

TAG

After completion of wall 2 (12:00), completion of wall 4 (6:00), insert the tag

- &1 Jump right to right side, touch left toe beside right
- &2 Jump left to left side, touch right toe beside left
- &3 Jump right to right side, touch left toe beside right
- 4 Step left to left side (shoulder width apart)
- 5-6-7-8 Tap both heels down 4 times (both knee slightly bend)

ENDING POSITION

When the music slow down & end on the back wall (6:00) insert this to finish last beat of music facing front

- 1-2-3-4 Step forward on right, hold, pivot ½ turn to the left, hold
- 5-6 Raise both arms (both palms facing out)
- 7-8 Left hand scroll down and made a circle up again (left knee bend down & up together with the hand movement)





牆數:2