

# Sugar & Pai

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kelli Haugen (NOR)  
音樂: Sugar and Pai - The Boots Band



Song can be legally downloaded at [www.kelli.no](http://www.kelli.no)

## ROCK, RECOVER, SAILOR STEP, SHUFFLE, STEP, ½ TURN

1-2-3&4      Rock right foot to right, recover left, cross right behind left, step left to left, step forward right  
5&6-7-8      Shuffle forward left, right, left, step forward right, ½ turn left on left

## CHASSE, ROCK, RECOVER, CHASSE, ROCK, RECOVER

1&2-3-4      Triple step right, left, right to right, rock left behind right, recover right  
5&6-7-8      Triple step left, right, left to left, rock right behind left, recover left

Option: you can substitute counts 3,4 and 7,8 with

## BACK KICK BALL CHANGE

3&4      Kick left foot behind right foot, step left behind right, step right in place  
7&8      Kick right foot behind left foot, step right behind left, step left in place

## STEP, CROSS BEHIND, ¼ TURN, TOUCH, HEEL SWITCHES, TOUCH, ¼ TURN HOOK

1-2-3-4      Step right to right, cross left behind right, ¼ turn right on right, touch left toe to left  
&5&6&7-8      Step left next to right, touch right heel forward, step right next to left, touch left heel forward,  
step left next to right, touch right toe to right, ¼ turn right on left hooking right foot in front of  
left

## SHUFFLE, STEP, ¼ TURN, CROSSING SHUFFLE, KICK BALL CROSS

1&2-3-4      Shuffle forward right, left, right, step forward left, ¼ turn right on right  
5&6-7&8      Cross left foot over right, step right to right, cross left foot over right, kick right foot diagonally  
forward, step right next to left, cross left foot over right

## REPEAT