Summertime Cha Cha

級數: Intermediate

編舞者: Max Perry (USA)

音樂: In the Summertime - Mungo Jerry

牆數: 4

KICK BALL SIDE TOUCHES (LEFT, RIGHT, LEFT, RIGHT)

- 1&2 Kick left foot forward, step left foot next to right, touch right toe out to right
- 3&4 Kick right foot forward, step right foot next to left, touch left toe out to left
- 5-8 Repeat 1-4

拍數: 48

LEFT KICK BALL CHANGE, PIVOT TURN ½ TO THE RIGHT

- 9&10 Kick left foot forward, step back slightly with ball of left, step in place with right
- 11-12 Step left foot forward, turn ½ to the right while sliding right foot back next to left
- 13-16 Repeat 9-12

SIDE SWITCHES (LEFT, RIGHT), HEEL SWITCHES (LEFT, RIGHT)

- 17& Touch left toe to left side, step left next to right
- 18& Touch right toe to right, step right next to left
- 19& Touch left heel forward, step left next to right
- 20& Touch right heel forward, step right next to left

LEFT KICK BALL CHANGE, PIVOT TURN ¼ TO THE RIGHT

- 21&22 Kick left foot forward, step back slightly with ball of left, step in place with right
- 23-24 Step left foot forward, turn ¼ to the right while sliding right foot next to left

You are now facing 3:00

WALK (LEFT, RIGHT), KICK TURN ¼ TO THE LEFT, TWISTS (LEFT, RIGHT, LEFT & RIGHT & LEFT)

- 25-26 Walk forward left, right
- 27&28 Kick left foot forward, hook left front of right just below the knee as you spin ¼ to the left on right foot, step slightly to left side with left foot

You are now facing 12:00

- 29 With weight on balls of both feet twist heels left (body to the right)
- 30 Twist heels right (body to the left)
- Twist heels left (body to the right), twist heels right (body to the left), twist heels left ¼ turn (body to the right)

You are now facing 3:00

ROCKS & COASTERS (LEFT FORWARD, RIGHT FORWARD, TO LEFT, TO RIGHT)

- 33-34 Rock step forward with left foot, recover in place with right
- 35&36 Coaster (left, right, left)
- 37-38 Rock step forward with right foot, recover in place with left
- 39&40 Coaster (right, left, right)
- 41-42 Rock step to left side on left foot, recover in place with right
- 43&44 Shuffle in place (left, right, left)
- 45-46 Rock step to right side on right foot, recover in place with left
- 47&48 Shuffle in place (right, left, right)

REPEAT





