Supreme



拍數: 60 牆數: 2 級數: Intermediate/Advanced

編舞者: Alan Birchall (UK)

音樂: Love Supreme - Robbie Williams



SAILOR STEP, BEHIND, TURN, STEP, SYNCOPATED ROCKS, BEHIND, SIDE, IN FRONT

1&2	Cross right behind I	eft, step left to left.	step right in place

3&4 Cross left behind right, making ½ turn right step forward on right, step forward on left (3:00)

5& Rock forward on right, recover on left6& Rock right to right, recover on left

7&8 Cross right behind left, step left to left, cross right over left

TOUCH, 1/4 TURN, COASTER, LOCK STEPS

9-10	Touch left to left, make ¼ turn lef	t (12:00)

11&12 Step back on left, step right by left, step forward on left

Step forward on right, lock left behind right, step forward on right

Step forward on left, lock right behind left, step forward on left

KICKS, 1/4 SAILOR TURN, TOUCH FORWARD, SWIVELS, TOUCH, UNWIND

17-18 Touch right over left, slide right to right (as if drawing a line on the floor)

19&20 Cross right behind left making ¼ turn right, step forward on left, step right in place (3:00)

21&22 Touch left forward, twist both heels left, twist both heels back to center

23-24 Touch left toe back, unwind ½ turn (9'0' clock)

WALK, WALK, COASTER STEP, 1/4 TURN, CROSS TOUCH, SIDE, CLOSE, SIDE

25-26 Walk forward right, walk forward left

27&28 Step back on right, step left by right, step forward on right

29-30 Making ¼ turn right step left to left, cross touch right behind left (12:00)

31&32 Step right to right, step left by right, step right to right

CROSS, 3/4 UNWIND, 1/2 TRIPLE TURN, CROSS, SIDE, IN PLACE, SIDE, CROSS

33-34 Cross left over right, unwind \(^3\)4 turn right (9:00)

35&36 Make ½ triple turn right stepping right, left, right (3:00)

37-38 Cross left over right, step right to right 39-40 Step left to left, cross right over left

On second wall replace count 40 with point right to right, then restart the dance

SIDE, CROSS TOUCH, SIDE, HITCH, SIDE, CROSS SHUFFLE, SNAKE ROLL

41-42 Step left to left, cross touch right behind left (looking slightly down and to the left)

43&44 Touch right to right, hitch right, touch right to right

Step onto right, cross left over rightStep right to right, cross left over right

47-48 Rock right out to right, recover on left (snake roll right)

SYNCOPATED WEAVE, SNAKE ROLL, BEHIND, 1/4 TURN STEP

49& Cross right behind left, step left to left
50& Cross right over left, step left to left
51& Cross right behind left, step left to left

52 Cross right over left

53-54 Rock left to left, recover on right (snake roll)

55&56 Cross left behind right, step right to right making ¼ turn right, step forward on left (6:00)

MAMBO FORWARD, MAMBO BACK

57&58 Step forward on right, step back on left, step back on right 59&60 Step back on left, step forward on right, step forward on left

REPEAT