Sweetest Memories



拍數: 48 牆數: 2 級數: Intermediate waltz

編舞者: Tom Selzler (CAN)

音樂: Sweet Memories - Adam Gregory



CROSS, SIDE, BACK, CROSS, ¼, SIDE, CROSS, SIDE, BACK, CROSS, ¼, ¼ TURNS

Left cross over in front of right, right step to right side, left step back at slight angle (7:00)
Right cross over in front of left, left step back with ¼ turn to right, right step to right side
Left cross over in front of right, right step to right side, left step back at slight angle
Right cross over in front of left, left step back with ¼ turn to right, right step forward with ¼

turn to right

CROSS, ROCK, SIDE, CROSS, ROCK, SIDE, CROSS, ROCK, ¼ TURN, FORWARD, ½ TURN, ¼ TURN

Left cross rock forward over in front of right, right replace weight back, left step to left side
 Right cross rock forward over in front of left, left replace weight back, right step to right side
 Left cross rock forward over in front of right, right replace weight back, left step ¼ turn to left

10-12 Step right forward, left ½ turn to left, right ¼ turn to left stepping to the right side

CROSS, BACK, BACK, CROSS, BACK, TOGETHER, FORWARD, ½, ½, FORWARD, FORWARD, ½ TURN

1-3 Left cross over in front of right, step right back, left step back at slight angle to left

4-6 Right cross over in front of left, step left back, right step together

7-9 Step left forward, right ½ turn to left moving forward, left step forward with ½ turn to left

10-12 Step right forward, step left forward, right ½ turn to right

CROSS, SIDE, REPLACE, CROSS, SIDE, REPLACE, FORWARD, ½, ½, FORWARD, FORWARD, ½ TURN

Left cross over in front of right, right step to right side, left replace weight on the spot
Right cross over in front of left, left step to left side, right replace weight on the spot
Step left forward, right ½ turn to left moving forward, left step forward with ½ turn to left

10-12 Step right forward, step left forward, right ½ turn to right

FORWARD, FORWARD, PULL-STEP, FORWARD, ½ TURN, ½ TURN SWEEP, CROSS, SIDE, BEHIND-SIDE, CROSS, SIDE, REPLACE-CROSS

1-2&3 Step left forward, step right forward, left pull in behind right, step right forward

4-6 Step left forward, right ½ turn to right, sweeping left toe out to left side ½ turn to right on ball

of right foot

7-8&9 Left cross over in front of right, right step to right side, left step behind right, right step to right

side

10-11&12 Left cross over in front of right (10), right step to right side (11), left replace weight, right cross

over in front of left

SIDE, CROSS, ½ TURN, ½ TURN, SWEEP, SWEEP, LUNG 3 COUNTS, CROSS, ¼ TURN, ¼ TURN

1-3 Left step to left side, right cross over in front of left, on balls of both feet unwind ½ turn to left
 4-6 (On balls of both feet) ½ turn to left, sweep left foot forward and around left side, sweep left behind right and step on it

7-9 (Weight on left) lower body over left knee and extend right leg back (7-8), stand back up on

left

10-12 Right cross over in front of left (10), left step back ¼ turn to right (11), right step to right side

with $\frac{1}{4}$ turn to right (12)

REPEAT

RESTART