

Swing Switch Mixer (P)

COPPER KNOB
STEPSHEETS

拍數: 30 牆數: 0 級數: Partner
編舞者: Linda De Ford (USA)
音樂: If It Will It Will - Hank Williams, Jr.



Position: Men on the inside of circle facing out and lady on the outside of the circle, facing the man. Beginning position is Closed swing dance position

MAN'S STEP

1&2-3&4-5-6 Left-right-left, right-left-right, left, right basic east coast swing pattern

BASIC EAST COAST SWING PATTERN

1&2-3&4-5-6 Raising left hand for lady to turn right on 1&2, followed by steps 3&4 in place facing partner now, rock step

1&2-3&4-5-6 Pass to outside of floor, bringing lady past your right side and under your left arm turning to face inside of circle & finishing this pattern with 3&4 in place and rock step

1&2-3&4-5-6 Pass to inside of floor, bringing lady past right side and under left arm on counts 1&2, facing partner on counts 3&4

Here the rock step becomes a side rock to prepare to change partners, step 6 should be pointed in the direction you will be turning, both partners will be turning left

1&2-3&4-5-6 Turning full turn left after sending your partner to her left. Greet your partner on step 3&4 by joining both hands and rock step away from each other as you begin the next pattern rejoin in closed position

REPEAT

LADY'S STEP:

1&2-3&4-5-6 Right-left-right, left-right-left, right, left basic east coast swing pattern

1&2-3&4-5-6 Tap right toe in front of partner, turn right under his left as you step on right foot on count 2, followed by steps 3&4 in place facing partner, rock step

1&2-3&4-5-6 Pass to inside of floor, by going under man's left arm and turning to face him (toward outside floor), complete steps 3&4 and rock step

1&2-3&4-5-6 Pass to outside floor by going under man's left arm on counts 1&2, facing partner on counts 3&4, rock step

Rock step becomes a side rock so as to prepare change partners, step 6 should be pointed in the direction you will be turning, both will turn to their left

1&2-3&4-5-6 Man leads your hand to send you to your left, turn full turn. Greet your new partner on steps 3&4 by joining both hands and rock step away from each other. As you begin the next pattern rejoin in closed position

REPEAT