

Swingin' Home

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Swingin' Home for Christmas - The Tractors



Thanks to Phillis Lim for suggesting the music "Every Little Thing" by Carlene Carter. Thanks to Dee Cresdee for suggesting the music "It's my Soul" by Lynn August

DIAGONAL FORWARD, CLOSE, DIAGONAL FORWARD, TOUCH

- 1-2 Right diagonal forward dipping right shoulder, left closes to right raising right shoulder
3-4 Right diagonal forward dipping right shoulder, left toe touches beside right instep raising right shoulder

Optional: shimmy on forward steps or make right circular movement with hips on forward steps.

DIAGONAL FORWARD, CLOSE, DIAGONAL FORWARD, CLOSE

- 5-6 Left diagonal forward dipping left shoulder, right closes to left raising left shoulder
7-8 Left diagonal forward dipping left shoulder, right closes to left raising left shoulder

Optional: shimmy on forward steps or make left circular movement with hips on forward steps.

SWIVEL HEELS RIGHT-TOES RIGHT-HEELS RIGHT, HOLD AND CLAP

- 9-10 Swivel both heels diagonal right, swivel both toes diagonal right
11-12 Swivel both heels diagonal right, hold and clap

SWIVEL HEELS LEFT -TOES LEFT - HEELS CENTER, HOLD AND CLAP

- 13-14 Swivel both heels diagonal left, swivel both toes diagonal left
15-16 Swivel both heels diagonal center, hold and clap

DIAGONAL BACK, TOUCH, DIAGONAL BACK, TOUCH

- 17-18 Right diagonal back, left toe touches to right instep and snap fingers to right looking right
19-20 Left diagonal back, right toe touches to left instep and snap fingers to left looking left

Optional: on step 17 body turns right, on step 19 body turns left. Touches may be shuffles

DIAGONAL BACK, TOUCH, DIAGONAL BACK, TOUCH

- 21-22 Right diagonal back, left toe touches to right instep and snap fingers to right looking right
23-24 Left diagonal back, right toe touches to left instep and snap fingers to left looking left

Optional: on step 21 body turns right, on step 23 body turns left, on step 24 body faces forward. Body faces sidewalls on turns. Touches may be shuffles to get a swinging action on back steps.

SIDE STEP, SIDE STEP, CROSS, UNWIND

- 25-26 Side step right, side step left
27-28 Cross right over left, unwind with weight on left

SIDESTEP, HOLD, REPLACE, HOLD AND CLAP TWICE

- 29-30 Side step right looking over and dipping right shoulder, hold and raise right shoulder
31-32 Replace weight on left looking forward, hold and clap twice

Optional: on steps 29 to 31 shimmy or make left circular movement with hips.

REPEAT

TAG

When dancing to "Swinging Home For Christmas", dance the pattern 9 times. On the 10th round, dance steps 1-16 and clap twice on step 16 to finish dance

When dancing to "Baby One More Time", dance the pattern 9 times. 10th round dance steps 1-24 and extend

arms outward on step 24 to end dance

When dancing to "(You Drive Me) Crazy", after the 4th and 8th pattern, make circular movements with hips for 4 counts

When dancing to "Every Little Thing", the dance ends on 17th count. Raise fists on each side of body shoulder height with thumbs raised.
