

Swinging Sa'shay (P)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Gloria Nelson (USA) & Emmit Nelson (USA)
音樂: Rub-A-Dubbin - Ken Mellons



Position: Open position, lady's left in man's right hand

LADY

- 1 Step left foot forward
- 2 Kick right foot forward
- 3-4 Step right foot back touch left toe back
- 5 Step left foot turning $\frac{1}{4}$ left (face your partner and pick up lady's right and man's left hands)
- 6 Kick right foot low between man's legs
- 7 Step right foot back
- 8 Touch left foot in position (man turns left under raised arms)
- 9 Step left foot forward drop left hand
- 10 Step right foot forward turning slightly right
- 11 Step left foot forward continuing the right turn to face partner
- 12 Step right foot back and rock on it (lady turns left under raised arms)
- 13 Step left foot forward slightly left
- 14 Step right foot forward turn $\frac{1}{2}$ left under arms
- 15 Step left foot in position

- 16 Touch right foot in position (pick up both hands)
- 17-19 Right vine - right, left, right
- 20 Cross left foot over in front
- 21-23 Right vine with a $\frac{1}{4}$ turn right, right, left behind, step right $\frac{1}{4}$ turn right dropping right hand
- 24 Touch left foot in position (drop inside hands as you do the vines could be done as rolling vines)

- 25-27 Left vine in front of man left. Right, left (pick up lady's right hand)
- 28 Touch right toe in position
- 29-31 Right vine in front of man right, left, right (pick up lady's left hand)
- 32 Touch left toe in position

REPEAT

MAN

- 1 Step right foot forward
- 2 Kick left foot forward
- 3-4 Step left foot back touch right toe back
- 5 Step right foot $\frac{1}{4}$ right (face your partner and pick up lady's right and man's left hands)
- 6 Kick left foot to the outside of lady's right leg
- 7 Step left foot back.
- 8 Touch right foot in position (man turns left under raised arms)
- 9 Step right foot forward slightly left drop right hand
- 10 Step left foot forward turning $\frac{1}{2}$ left under arms
- 11 Step right foot in position

- 12 Step left foot back and rock on it (lady turns left under raised arms)
- 13 Step right foot forward
- 14 Step left foot forward turning slightly right

- 15 Step right foot forward continuing the right turn to face partner
- 16 Touch left foot in position (pick up both bands)
- 17-19 Left vine - left, right, left
- 20 Cross right foot over in front
- 21-23 Left vine with a $\frac{1}{4}$ turn left to face LOD, left. Right behind. Step left $\frac{1}{4}$ turn left dropping left hand
- 24 Touch right foot in position (drop inside hands as you do the vines could be done as rolling vines)
- 25-27 Right vine behind lady right, left, right (pick up lady's right hand)
- 28 Touch left toe in position
- 29-31 Left vine behind lady left. Right, left (pick up lady's left hand)
- 32 Touch right toe in position

REPEAT
