Swingin' Thangs



拍數: 32 牆數: 4 級數: Improver

編舞者: John Bailey (CAN)

音樂: The Business Of Love - Domino



STRUT STEPS, KICK BALL CHANGE, ½ TURN TWICE

| 1-2 | Touch ball of right foot forward, step down |
|-----|---|
| 3-4 | Touch ball of left foot forward, step down |

Right kick ball change (kick right foot forward, step down on right, shift weight to left leg)

7-8 Step forward with right foot, pivot a ½ turn left on the balls of both feet

9-16 Repeat counts 1-8

SIDE, CROSS, SIDE BEHIND, UNWIND, BODY ROLL

17-18 Touch right toe out to right side, cross right over left

19-20 Touch left toe out to left side, bring left foot behind and across right

21-22 Unwind legs making a ¾ turn left (left leg should end up slightly forward when finished the

turn)

23-24 Forward body roll

SWINGIN' THANGS (HIP BUMPS)

25-26 Bump hips back twice on right leg 27-28 Bump hips forward twice on left leg

29-32 Bump hips back, forward, back, forward (for extra swing thrust pelvis forward 45 to the right)

REPEAT