

Syncopated Rhythm

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Syncopated Rhythm - Scooch



KICK-ROCK-ROCK, SYNCOPATED VINE, TWO PIVOT TURNS (TWICE)

- 1&2 Kick right foot forward, rock right foot out to right side, step left foot to left side
- 3&4 Cross right foot behind left, step left foot to left side, cross right foot in front of left
- 5-6 Step left foot forward, pivot $\frac{1}{2}$ turn to the right
- 7-8 Step left foot forward, pivot $\frac{1}{2}$ turn to the right
- 1&2 Kick left foot forward, rock left foot out to left side, step right foot to right side
- 3&4 Cross left foot behind right, step right foot to right side, cross left foot in front of right
- 5-6 Step right foot forward, pivot $\frac{1}{2}$ turn to the left
- 7-8 Step right foot forward, pivot $\frac{1}{2}$ turn to the left

ROCK, RECOVER, SHUFFLING TURN, KICK & HEEL & TOE & TOE

- 1-2 Rock right foot forward, rock weight back onto left foot
- 3&4 Turn $\frac{1}{2}$ turn (optional 1 $\frac{1}{2}$ turns) to the right doing a triple step in place (right, left, right)
- 5& Kick left foot forward, step back on left foot
- 6& Touch right heel forward, step right foot in place
- 7& Touch left toe next to right, step left foot in place
- 8 Touch right toe next to left, making a $\frac{1}{4}$ turn to the right

STEP, SLIDE, STOMP, STOMP, HEEL JACKS

- 1-3 Step right foot big step to the right, slide left foot up to right (2 counts)
- &4 Stomp left foot in place twice next to right (keep weight on right foot)
- &5 Step diagonally back on left foot, touch right heel forward to right diagonal
- &6 Step right foot back to place, step left foot next to right
- &7 Step diagonally back on right foot, touch left heel forward to left diagonal
- &8 Step left foot back to place, touch right toe next to left

SHUFFLE WITH QUICK TURNS

- 1&2 Right shuffle forward (right, left, right)
- 3&4 Make $\frac{1}{2}$ turn to the left doing a left shuffle forward (left right, left)
- 5&6 Make $\frac{1}{4}$ turn to the right doing a right shuffle forward (right, left, right)
- 7&8 Make $\frac{1}{2}$ turn to the left doing a left shuffle forward (left right, left)

You should now be facing the home wall (12:00)

TURNING JAZZ BOX, STEP, CLICK, HOLD, TURN RIGHT, CLICK, HOLD

- 1-2 Cross right foot over left, step back on left foot
- 3-4 Step right foot to right side making a $\frac{1}{4}$ turn to the right, step left foot next to right
- 5 Step right foot to right side, clicking fingers at head height
- 6 Hold
- 7 Pivot $\frac{1}{2}$ turn to the right on ball of right foot stepping left foot to left side, clicking fingers at waist level
- 8 Hold

TWO LEFT TURNS, TWO RIGHT TURNS

- 1 Pivot $\frac{1}{2}$ turn to the left on ball of right foot stepping left foot to left side, clicking fingers at head height
- 2 Hold

- 3 Pivot ½ turn to the left on ball of left foot stepping right foot to right side, clicking fingers at waist level
- 4 Hold
- 5 Pivot ½ turn to the right on ball of left foot stepping right foot to right side, clicking fingers at head height
- 6 Hold
- 7 Pivot ½ turn to the right on ball of right foot stepping left foot to left side, clicking fingers at waist level
- 8 Hold

TWO JAZZ BOXES, JUMPS

- 1 Cross right in front of left
- 2 Step back on left foot
- 3 Step right foot to right side making a ¼ turn
- 4 Step left foot next to right
- 5 Cross right foot in front of left
- 6 Step back on left foot
- 7 Step right foot to right side making a ¼ turn
- & Small jump forward with feet together
- 8 Small jump forward with feet together

REPEAT

Option: the last 2 beats (&8), the two jumps forward could be done without the jump by stepping left foot forward (&) and then touching right toe next to left, ready to start again with left foot.
