

# Take A Breather

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Maggie Gallagher (UK)  
音樂: I Need a Breather - Darryl Worley



## STEP, DRAG, ROCKS, SIDE, TOGETHER, CHASSE RIGHT

- 1-2      Step left to left side, drag right to meet left
- 3-4      Rock back on right, rock forward on left
- 5-6      Step right to right side, step left next to right
- 7&8      Step right to right side, close left next to right, step right to right side

## CROSS, TOUCH, STEP, TURN, STEP, TOUCH, STEP, HOOK & CLICKS

- 9-10      Cross step left across right, tap right toe behind left heel
- 11-12      Step back on right, make  $\frac{1}{4}$  turn left stepping forward on left
- 13-14      Step forward on right, tap left toe behind right heel
- 15-16      Step back on left, hook right in front of left

**Raising arms and clicking fingers in the Spanish style**

## RIGHT LOCK, RIGHT LOCK STEP, CROSS, BACK, STEP SWAY, SWAY

- 17-18      Step forward on right, lock left behind right
- 19&20      Step forward on right, lock left behind right, step forward on right
- 21-22      Cross left in front of right, step back on right
- 23-24      Step left to left side swaying left, sway right

## HALF A FIGURE 8 VINE

- 25-26      Step left to left side, step right behind left
- 27-28       $\frac{1}{4}$  turn left step forward left, step forward right
- 29-30       $\frac{1}{2}$  pivot turn left,  $\frac{1}{4}$  turn left step right to right side
- 31-32      Step left behind right, step right to right side

## REPEAT

### TAG 1

After wall 4 facing front - repeat steps in section 4

### TAG 2

Danced during wall 9 after 24 counts

#### HIP BUMPS

- 1-2      Bump hips left, bump hips right
- 3-4      Bump hips left, bump hips right

## RESTART

Immediately after TAG 2

### TAG # 3 (BIG FINISH)

On last wall (13th facing front) after doing the first 16 counts (the hook & snaps) end the dance as follows:

- 17-18      Right rock recover on left
- 19&20      Right coaster step
- 21      Step forward on left turning  $\frac{1}{4}$  to front
- 22      Cross right foot behind left touching toe in a curtsy and snap fingers