

Take A Chance

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Lisa Fleming (UK)
音樂: Let's Dance - Five

牆數: 4

級數: Intermediate/Advanced



KICK BALL CHANGE, STEP TURN, SHUFFLE, ROCK

- 1&2 Kick right foot forward, quickly change weight to right foot, take weight on to left foot
- 3-4 Step forward on right, turn ½ turn left
- 5&6 Step forward on right, quickly bring left to right (third position) step forward on right
- 7-8 Rock forward on left, recover weight on to right

BACK LOCK STEP, ¼ TURN HOLD, STEP TOUCHES TWICE

- 1&2 Step back on left, cross right in front of left, step back on left
- 3-4 With weight on left, make a ¼ turn right, touching right slightly to side, hold 1 count
- 5-6 Step right to right, touch left to left side
- 7-8 Step left to left, touch right to right side

RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN, ROCK RECOVER, MASHED POTATO STEPS

- 1&2 Cross right behind left, replace weight on to left, step slightly forward on right
- 3&4 Cross left behind right, replace weight on to right making a ¼ turn left, step forward on left
- 5-6 Rock forward on right, recover weight to left
- 7&8 Step back on ball of right, swivel heels out, step back on left swivel heels out

Can be replaced with walks back or moon walks

RIGHT COASTER, LEFT SHUFFLE, FULL TURN, ROCK & CROSS

- 1&2 Step back on right, step left beside right, step forward on right
- 3&4 Step forward on left, quickly bring right to left (third position) step forward on left
- 5-6 Make a full turn left stepping right, left
- 7&8 Rock to right side on right, recover weight on to left, cross right over left

ROCK RECOVER, RIGHT SHUFFLE, STEP TURN, LEFT SHUFFLE

- 1&2 Rock left to left side, recover weight on to right making a ¼ turn right, step forward on left
- 3&4 Step forward on right, quickly bring left to right (third position) step forward on right
- 5-6 Step forward on left, make ½ turn right
- 7&8 Step forward on left, quickly bring right to left (third position) step forward on left

SKATE TWICE, JUMPS FORWARD & BACK, RIGHT CHASSE, ROCK RECOVER

- 1-2 Slide right diagonally forward, slide left diagonally forward, (as if ice skating)
- &3&4 Small jump forward right left, small jump back right left
- 5&6 Step right to right side, quickly bring left to right, step right to right side
- 7-8 Rock left behind right, recover weight to right

LEFT SLIDE, FOOT CHANGES, HEEL JACK, ½ TURN

- 1-2 Slide left to left (long slide) touch right toe by left foot
- 3&4 Touch right toe to right side, quickly bring right to left taking weight, touch left toe to left side
- &5&6 Bring left beside right, step right over left, step back on left, tap right heel diagonally forward
- &7-8 Quickly step back on to right, step forward on left, make ½ a turn right

STEP TOUCHES, ROCK RECOVER, ½ TURN LEFT TRIPLE STEP

- 1-2 Step forward on left, touch right to right side
- 3-4 Step forward on right, touch left to left side

5-6 Rock forward on left, recover on to right
7&8 Step back on left making a $\frac{1}{4}$ turn left, step together on right making a $\frac{1}{4}$ turn left, step forward on left

REPEAT

On the 5th wall do the 1st 16 counts of the dance then start again. You will be facing the 9:00 wall
