

Take It To The Floor

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Take It To the Floor - B2K



TRAVELING SAMBA'S, STEP, HITCH ¼ TURN, CROSS SHUFFLE

- 1&2 Step ball of left forward to right diagonal, rock ball of right to right side, step left in place
3&4 Step ball of right forward to left diagonal, rock ball of left to left side, step right in place
5-6 Step left forward, hitch right knee into a figure "4" position and pivot ¼ left
7&8 Step right across left, step left to left side, step right across left

½ TRIPLE, SIDE, HOLD, TOGETHER, SIDE, KNEE POPS, HITCH, CROSS, ½ UNWIND

- 1&2 Step left back making a ¼ turn right, step right to right side making another ¼ right, step left in front of right
3-4 Step right foot to right, hold, *weight on right
&5 Step ball of left foot next to right, step right to right side
&6 Roll left knee in - out, roll right knee in -out
&7 Hitch left knee up, cross step left in front of right
8 Unwind ½ turn right, *weight ending on left

DIAGONAL SHUFFLE, HITCH, KNEE POP TWICE

- 1&2 Step right forward to right diagonal, step left beside right, step right forward to right diagonal
&3&4 Hitch left knee, step left to side, (lift knee as though stepping over a low fence.) Bend both knees while lifting both heels off the floor, drop heels to floor

Styling: on counts &4 lean body slightly back and to the right

- 5&6 Step left forward to left diagonal, step right beside left, step left forward to left diagonal
&7&8 Hitch right knee, step right to side, (lift knee as though stepping over a low fence.) Bend both knees while lifting both heels off the floor, drop heels to the floor

Styling: on counts &8 lean body slightly back and to left

SAILOR STEP, TOUCH BACK, ½ TURN RIGHT, WEAVE, BRUSH, ½ TURN STEP

- 1&2 Step left foot behind right, step ball of right foot to the right side, step left foot in place
3-4 Touch right toe back, ½ turn back to your right putting weight onto your right foot
5&6 Step left foot in front of right, step right foot to right side, step left foot behind right
&7 Step right foot to right side, cross step left in front of right
&8 Making a ½ turn to the left brushing right foot next to left, step right foot forward

REPEAT