Take Me In Your Arms



拍數: 48 牆數: 4 級數: Intermediate

編舞者: Jos Slijpen (NL)

音樂: Make Love to Me - Anne Murray



LOCK SHUFFLE FORWARD RIGHT, LOCK SHUFFLE FORWARD LEFT, PIVOT 1/4 TURN LEFT TWICE

1&2	Step forward right, cross left behind right, step forward right
3&4	Step forward left, cross right behind left, step forward left

5-6 Step forward right, pivot ¼ turn left 7-8 Step forward right, pivot ¼ turn left (9:00)

CROSS SHUFFLE, ROCK, RECOVER, CROSS, ROCK, RECOVER WITH ¼ TURN LEFT, PIVOT ¼ TURN LEFT

1&2	Cross right over left, step left to left side, cross right over left
3&4	Rock left to left side, recover weight on right, cross left over right
5-6	Rock right to right side, make 1/4 turn left and recover weight on left

7-8 Step forward right, pivot ¼ turn left (12:00)

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT WITH ½ TURN RIGHT, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER

1&2	Shuffle forward with right-left-right
3&4	Shuffle ½ turn right with left-right-left
5-6	Step back right, recover weight on left

7-8 Step forward right, recover weight on left (6:00)

SHUFFLE BACK RIGHT, COASTER STEP, TOUCH, CROSS, TOUCH, CROSS

1&2	Shuffle back with	right-left-right
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3&4 Step back left, step right beside left, step forward left

Touch right to right side, step right across leftTouch left to left side, step left across right

Styling option: on count 5 stretch both arms and click fingers, on count 6 bring both arms back in front of body. Repeat on counts 7-8

Restart here during 3rd and 5th wall

SHUFFLE FORWARD RIGHT, SHUFFLE 1/2 TURN RIGHT, ROCK BACK, RECOVER, PIVOT 1/4 TURN LEFT

1&2	Shuffle forward with right-left-right
3&4	Shuffle ½ turn right with left-right-left
5-6	Rock step back right, recover weight on left
7-8	Step forward right, pivot ¼ turn left (9:00)

LOCK SHUFFLE FORWARD TWICE, TOUCH RIGHT, CROSS, TOUCH LEFT, CROSS

1&2	Step forward right, cross left behind right, step forward right
3&4	Step forward left, cross right behind left, step forward left

Touch right to right side, step right across leftTouch left to left side, step left across right

Styling option: on count 5 stretch both arms and click fingers, on count 6 bring both arms back in front of body. Repeat on counts 7-8

REPEAT