Take The Wheel



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Aaron 'Outrageous' Rogers (UK)

音樂: Jesus, Take the Wheel - Carrie Underwood



SIDE, ROCK RECOVER, SIDE, 1/4 CROSS UNWIND, SIDE, ROCK RECOVER 1/4, SHUFFLE

1-2& Step right to right side, rock back on left, recover on right

3-4 Step left to left side to make ¼ turn left, cross right over left and unwind ¾ turn left

5-6& Step left to left side, rock back on right, recover on left

7 Make a ¼ turn right stepping forward on right 8&1 Shuffle or lock step forward stepping left right left

ROCK RECOVER ¼, ROCK RECOVER SIDE, ROCK RECOVER ½, FULL TURN, SWEEP

2&3 Rock forward on right, recover on left, make a ¼ turn right stepping right to right side

4&5 Rock back on left, recover on right, step left to left side

6&7 Rock back on right, recover on left, make a ½ turn left stepping back on right

8&1 Make a ½ turn left stepping forward on left, make another ½ turn left stepping back on

RIGHT, RELEASE LEFT FOOT AND SWEEP BEHIND RIGHT, BEHIND SIDE CROSS, ROCK RECOVER CROSS, 1/4 CROSS ROCK, RECOVER

Step left behind right, step right to right side, cross left over right Rock right to right side, recover on left, cross right over left

6&7 Make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side, rock

left over right

8 Recover on right

1/4 SHUFFLE, STEP 1/2 POINT, CROSS BACK SIDE TWICE

1&2 Make a ¼ turn left stepping left right left

3&4 Step forward right, pivot ½ turn left stepping onto left, point right to right side

Restart here on the 1st and 5th wall

5&6 Cross right over left, step back left, step right to right side 7&8 Cross left over right, step back right, step left to left side

REPEAT

TAG

After 2nd wall

1&2 Rock forward right, recover on left, make ½ turn right stepping forward right

3&4 Step forward left, ½ pivot right stepping onto right, step forward left