

Take You Back

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Sabrina Christiansen (DE)
音樂: I'll Take You Back - Brad Paisley



POINT, TOGETHER, POINT, TOGETHER, HEEL TOUCH, HOOK, STEP BACK, BACK SHUFFLE, TOUCH, ½ TURN

1&2 Point left foot to left side, close left foot beside right foot, point right foot to right side
&3&4 Close right foot beside left foot touch left heel forward, hook with left foot, step left foot back
5&6 Step right foot back, lock left foot in front of right foot, step right foot back
7-8 Touch left foot behind right foot, ½ turn left (end weight on left foot)

SYNCOPATED JAZZ BOX WITH KICK, BEHIND, SIDE, STEP WITH ¼ TURN, STEP, POINT

1-2 Cross right foot over left foot, step left foot back
&3-4 Step right foot to right side, cross left foot over right foot, kick right foot to right diagonal
5&6 Cross right foot behind left foot, step left foot to left side, ¼ turn left step right foot forward
7-8 Step left foot forward, point right foot to right side

BOTOFOGOS, ROCK STEP WITH ¼ TURN, CHASSÉ

1&2 Cross right foot over left foot, rock left foot to left side, recover weight onto right foot
3&4 Cross left foot over right foot, rock right foot to right side, recover weight onto left foot
5-6 Rock right foot forward, recover weight onto left foot with ¼ turn right
7&8 Step right foot to right side, close left foot beside right foot, step right foot to right side

SYNCOPATED JAZZ BOX, HOLD, SCISSOR STEP, TURN ¼, TURN ½

1-2 Cross left foot over right foot, step right foot back
&3-4 Step left foot to left side, cross right foot over left foot, hold
5&6 Step left foot to left side, close right foot beside left foot, cross left foot over right foot
7-8 Turn ¼ left step right foot back, turn ½ left step left foot forward

HEEL TOUCH, TOGETHER, HEEL TOUCH, TOGETHER, HEEL TOUCH, HOOK, STEP, SHUFFLE, PIVOT ½ TURN

1&2 Touch right heel forward, close right foot beside left foot, touch left heel forward
&3&4 Close left foot beside right foot, touch right heel forward, hook with right foot, step right foot forward
5&6 Step left foot forward, close right foot beside left foot, step left foot forward
7-8 Step right foot forward, pivot ½ turn left

HEEL JACK, CROSS, SHUFFLE WITH ¼ TURN, STEP, UNWIND ¾ TURN

1-2 Step right foot to right side, cross left foot behind right foot
&3&4 Step right foot diagonally back, touch left heel diagonally forward left, step weight down onto left foot, cross right foot over left foot
5&6 Step left foot to left side, close right foot beside left foot, ¼ turn left step left foot forward
7-8 Step right foot forward, unwind ¾ left

REPEAT

RESTART

On wall 7 dance only 4 counts of section 6 and start from the beginning

TAG

On walls 3, 5, 8 after 24 counts

SKATES, ROCK STEP, SHUFFLE ½ TURN TWICE, BACK ROCK

1-4 Skate left-right-left-right

5-6 Rock left foot forward, recover weight onto right foot

7&8 Shuffle ½ turn left (left-right-left)

9&10 Shuffle ½ turn left (right-left-right)

11-12 Rock back onto left foot, recover weight onto right foot

Start the dance from the beginning

TAG

On wall 9, dance the first 8 counts but end with weight on right foot after the pivot ½ turn. Dance the same tag as on walls 3, 5 and 8 and start the dance from the beginning
