

# This Is My Time

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Christian Sildatke (DE)  
音樂: This Is My Time - Sasha



## FORWARD & BACK JUMPS, KNEE BENDS

&            Right foot jump slightly forward  
1            Left foot step slightly forward  
&            Right foot jump slightly back  
2            Left foot step next to right foot  
&            Right foot jump slightly forward  
3            Left foot step slightly forward  
&            Bend knees  
4            Straighten up  
5            Right foot step right diagonally forward, roll right hip to right side  
6            Left foot step left diagonally forward, roll left hip to left side  
7            Right foot step back, roll right hip to right side  
8            Left foot step back, roll left hip to left side

## STEP, CROSS, TURN (2X)

&            Right foot step to the right side  
9            Left foot cross behind right foot  
10            $\frac{3}{4}$  turn left  
&            Right foot step to the right side  
11           Left foot cross behind right foot  
12           Right foot  $\frac{3}{4}$  turn left  
13-16       Repeat counts 5-8

## STEP, CROSS, HOLD, TURN, JUMPS, HOLD, KNEE ROLLS

&            Right foot step to the right side  
17           Left foot cross behind right foot  
18           Hold  
19-20        $\frac{3}{4}$  turn left  
&            Right foot jump slightly forward  
21           Left foot jump slightly forward  
22           Hold  
23           Roll both knees in  
24           Roll both knees out

## WALKS, SHUFFLE, PIVOT TURN, SIDE SLIDE WITH $\frac{1}{4}$ TURN

25           Right foot step forward, roll right hips to right side  
26           Left foot step forward, roll left hips to left side  
27           Right foot step forward  
&            Left foot step next to right foot  
28           Right foot step forward  
29           Left foot step forward  
30           Right foot  $\frac{1}{2}$  turn right  
31           Left foot step forward with a  $\frac{1}{4}$  turn right  
32           Right foot drag right beside left foot

**REPEAT**

