This Old House



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Mel Fisher (UK)

音樂: This Ole House - Shakin' Stevens



STRUTTING JAZZ BOX WITH 1/4 TURN RIGHT

1-4 Cross step right over left with ball of right foot, flatten right foot, step left back with toe, flatten

left foot (you may start a ¼ turn right)

5-8 Turning ¼ turn right step right toe to right side, flatten heel to floor, cross step left over right

with ball of left foot, flatten heel to floor (angle body to right diagonal)

RIGHT LOCK AND LEFT LOCK WITH SCUFFS

1-4 To right diagonal step right forward, lock left behind right, step right forward, scuff left beside

right

5-8 To left diagonal, step left foot forward, lock right behind left, step left forward, scuff right

beside left

STRUTTING JAZZ BOX WITH 1/4 TURN RIGHT

1-4 Cross step right over left with ball of right foot, flatten right foot, step left back with toe, flatten

left foot (you may start to turn 1/4 right)

5-8 Turning ¼ turn right step right toe to right side, flatten heel to floor, cross step left over right

with ball of left foot, flatten heel to floor

SIDE SHUFFLE, HOLD, BACK ROCK, HOLD

Step right to right side, step left beside right, step right to right side, hold
Rock left behind right, replace weight onto left, step left to left side, hold

STRUTTING JAZZ BOX

1-4 Cross step right over left with ball of right foot, flatten right foot, step left back with toe, flatten

left foot

5-8 Step right toe to right side, flatten heel to floor, touch left toe beside right, keeping weight on

right foot, hold

SIDE SHUFFLE, HOLD, BACK ROCK RIDE, HOLD

1-4 Step left to left side, step right beside left, step left to left side, hold

5-8 Rock right behind left, replace weight onto right, step right to right side, hold

WEAVE RIGHT WITH 1/4 TURN, HOLD

1-4 Step left behind right, step right to side, step left over right, step right to side

5-8 Step left behind right, step right to side, turn ½ turn left stepping forward onto left, hold

STEP, ½ TURN STEP, LEFT AND RIGHT

1-4 Step forward onto right, pivot ½ turn left, step forward onto right, hold 5-8 Step forward onto left, pivot ½ turn right, step forward onto left, hold

REPEAT

TAG 1

After second wall repeat sections two to four and start the dance again

TAG 2

Dance three more walls and at end of third add another strutting jazz box

1-4 Cross step right over left with ball of right foot, flatten right foot, step left back with toe, flatten left foot
5-8 Step right toe to right side, flatten heel to floor, step left beside right, putting weight on left