

Three-Wall Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Charlotte Williams (USA)
音樂: Last Time Uh-Huh - Scooter Lee



Dance starts over 1/4 to right. The dance has 4 sets of 8 beats. Each of the first three sets starts on a new wall. Hence the name "Three Wall Cha-cha"

STEP SLIDE, CHA-CHA-CHA; ROCK STEP, CHA-CHA-CHA

- 1-2 Step forward diagonally on right foot, slide left behind right
- 3&4 Step right in place, step ball of left next to right, step right next to left
- 5-6 Rock forward on left foot, rock back on right, turning ¼ to left
- 7&8 Step left in place, step ball of right next to left, step left next to right

FORWARD COASTER, MOON WALK, BACKWARD COASTER, STEP TURN

- 1&2 Step right forward, step ball of left next to right, step back on right
- 3-4 Slide left back and step on left while popping right knee out, slide right back and step on right while popping left knee out

Weight should be slightly forward on these slide back steps to resemble the "moon walk"

- 5&6 Step left back, step back on ball of right, step forward on left
- 7-8 Step forward on right, pivot on balls of both feet ½ to left, shifting weight to left

STEP, HOLD, & STEP, HOLD, ROCK STEP, COASTER STEP

- 1-2 Step forward on right, hold
- &3-4 Quick step forward on left next to right, step forward on right, hold
- 5-6 Step forward on left, step back on right
- 7&8 Step back on left, step back on ball of right next to left, step left forward

STEP SLIDE, ROCK STEP STEP, STEP SLIDE, ROCK STEP STEP

- 1-2 Step right to right, slide left next to right
- 3-4 Step right to right, step ball of left in place, step right next to left
- 5-6 Step left to left, slide right next to left
- 7&8 Step left to left, step ball of right in place, step left next to right

REPEAT