

# Time

拍數: 40      牆數: 4      級數: Improver  
編舞者: Sally Blair (USA)  
音樂: If You Just Let Me Into Your Heart - Mary Chapin Carpenter



## POINT TOES OUT, IN, OUT, CLAP, WEIGHT CHANGES AND CLAPS

- 1-2      Point left toes out to left side, touch left toes beside right foot
- 3-4      Point left toes out to left side, hold as you clap
- 5-6      Change weight to left foot and touch right toes out to right side, clap
- 7-8      Change weight to right foot and touch left toes out to left side, clap

## WEIGHT CHANGE-RIGHT TOES OUT, IN, OUT, CLAP, 2 KICK-BALL-CHANGES

- 9-10      Change weight to left foot and touch right toes out to right side, touch right toes beside left foot
- 11-12      Touch right toes out to right side, clap
- 13&14      Kick right foot forward & step down on ball of right foot beside left, change weight to left foot
- 15&16      Kick right foot forward & step down on ball of right foot beside left, change weight to left foot

## STEP, PIVOT, REPEAT, STOMP, TOUCH, KICK-BALL-CHANGE

- 17-18      Step forward on right foot, pivot ½ turn to left
- 19-20      Repeat steps 17-18 (weight ends up on left foot)
- 21-22      Stomp right foot beside left, touch left foot beside right
- 23&24      Kick left foot forward & step down on ball of left foot beside right, change weight to right foot

## KICK-BALL-CHANGE, STEP, PIVOT, STEP, PIVOT, STOMP, STOMP

- 25&26      Kick left foot forward & step down on ball of left foot beside right, change weight to right foot
- 27-28      Step forward on left foot, pivot ½ turn to right
- 29-30      Repeat steps 27-28 (weight ends up on right foot)
- 31-32      Stomp left foot beside right, stomp right foot beside left

## HEEL TOE SWIVELS, STEP, PIVOT ¼ TURN), STOMP, CLAP

- 33-34      Moving to right swivel heels to right, swivel toes (both feet) to right
- 35-36      Swivel heels to right, swivel toes (both feet) to right (weight ends up on left foot)
- 37-38      Step forward on right foot, pivot turn ¼ turn to the left
- 39-40      Stomp right foot beside left (weight ends up on right foot), clap

## REPEAT