Tonight We Dance



拍數: 48 牆數: 2 級數:

編舞者: Don Deyne (USA)

音樂: Bailamos - Enrique Iglesias



RIGHT TOE, LEFT TOE, RIGHT TOE SIDE, LEFT TOE SIDE, RIGHT HEEL, LEFT TOE BACK, RIGHT TOE HOME & STOMP, STOMP

1&2& Touch right toe in front of left & step right beside left, touch left toe in front of right & step left

beside right

Touch right toe to side & step right beside left, touch left toe to side & step left beside right
Touch right heel forward & step right beside left, touch left toe back & step left beside right

7&8 Touch right toe beside left & stomp right beside left twice

BACK RIGHT, ½ LEFT CHA-CHA, ROCK RIGHT, RECOVER LEFT, ½ RIGHT CHA-CHA, ROCK LEFT

1 Step back right

Turn ¼ left/side step left (moving toward back wall) & step right beside left, turn ¼ left/step

forward left

4-5 Rock step forward right, recover weight to left

6&7 Turn ¼ right/side step right (moving toward front wall) & step left beside right, turn ¼

right/step forward right

8 Rock step forward left (facing front wall)

RECOVER RIGHT, CHA-CHA BACK LEFT, ROCK RIGHT, RECOVER LEFT, CHA-CHA RIGHT, ROCK LEFT ("BASIC")

1 Step back right

2&3 Step back left & step right beside left, step back left

4-5 Rock step back right, recover weight to left

Step forward right & step left beside right, step forward right

8 Rock step forward left

BACK RIGHT, ½ LEFT CHA-CHA, STEP RIGHT, ½ LEFT, ½ TURN LEFT/RIGHT CHA-CHA, ROCK LEFT

1 Step back right

Turn ¼ left and side step left & step right beside left, turn ¼ left and step forward left (facing

back wall)

4-5 Step forward right, pivot ½ turn left shifting weight to left (facing front wall)

6&7 Cha-cha right & left, right while turning ½ left to face the back wall

Continue the momentum of the turn at count 5 and thru the turn in count 6&7 keeping this turn tight stepping toward back wall on 7

8 Rock step forward left

During the 2nd repetition of the dance, you're facing the front wall. Insert the 6 count "tag" here

RECOVER RIGHT, CHA-CHA BACK LEFT, ROCK RIGHT, RECOVER LEFT, CHA-CHA RIGHT, ROCK LEFT ("BASIC")

1 Recover weight to right

2&3 Step back left & step right beside left, step back left

4-5 Rock step back right, recover weight to left

Step forward right & step left beside right, step forward right

8 Rock step forward left

During the 4th repetition of the dance, you're facing the front wall. Break at this point and begin the dance over at count 1

RECOVER RIGHT, CHA-CHA BACK LEFT, ROCK RIGHT, RECOVER LEFT, STEP RIGHT, STEP LEFT & STOMP, STOMP

1 Step back right

2&3 Step back left & step right beside left, step back left

4-5 Rock step back right, recover weight to left

6-7&8 Step forward right, step forward left & stomp right beside left twice

REPEAT

Phrasing: based on soundtrack version

Intro: in 3 parts, 1) guitar strum, 2) drum intro - 8-counts 3) main intro - 16 counts

Phrase A - Verse: 48-counts - do entire dance

Phrase B - Hours: 54-counts, insert 6-count tag at between 32 and 33

Phrase A - Verse: 48-counts - do entire dance

Phrase C - B: 40-counts - break at 40 and begin again on next beat

Phrase A - Chorus repeats to end of song. song will fade around count 32 of dance

Sequence: A B A C A to end

6-COUNT "TAG"

1-6 Sway hips right, left, right, left, right, left

This is essentially a cha-cha with the triples shifted to the 2&3 and 6&7 counts. Take small steps and let your body angle naturally. Once you've learned the dance add as much Cuban Motion and hip action as you can comfortably fit into your steps (Of course, good Cuban Motion will automatically bring the hips into play.) Stomps at counts &8 and &48 can be adjusted from a light tap to a resounding STOMP to match the feel of each phrase within each piece of music. These double quick stomps may even feel better at times as a single stomp, or touch, on counts 8 or 48.