Turn Of A Card

級數: Intermediate

編舞者: Nancy Morgan (USA)

音樂: Cry Myself to Sleep - The Judds

CROSS, STEP, SAILOR SHUFFLE, SAILOR SHUFFLE, ROCK FORWARD AND BACK AND 1-2

Cross right over left, step left to left side

- 3&4 Sailor shuffle: step right behind left, step left to left side, step right slightly forward and to right side
- 5&6 Sailor shuffle: step left behind right, step right to right side, step left slightly forward and to left side
- 7&8& Rock/step forward on right and back on left and back on right and forward on left

STEP FORWARD, KICK, STEP BACK, TOUCH, STEP FORWARD, KICK, STEP BACK, TOUCH BACK, 1/4 **TURN TO LEFT**

- 1-2 Step forward on right, kick left foot forward
- 3-4 Step back on left, touch right toe back
- 5-6 Step forward on right, kick left foot forward
- 7-8 Step back on left, pivot 1/4 turn to your left (weight ends on left)

SWIVEL, SWIVEL, TOUCH BACK, ¾ TURN TO RIGHT, FORWARD ROCK

- 1-2 Swivel both feet 1/4 turn to right and return
- 3-4 Swivel both feet 1/4 to right and return (weight should be mostly even or on left)
- 5 Touch right toe on left side of left heel
- 6 Turn $\frac{3}{4}$ turn to your right (weight ends on right)
- 7-8 Rock/step forward on left and back on right

COASTER STEP, KICK FORWARD TWICE, COASTER STEP, CROSS, TOUCH TO SIDE

- 1&2 Coaster step: step back on left, step back on right, step forward on left
- 3-4 Kick right foot forward two (2) times
- 5&6 Coaster step: step back on right, step back on left, step forward on right
- 7-8 Cross left over right, touch right to right side

REPEAT





拍數: 32

牆數:4