

Twist Of Love

COPPERKNOB
STEPSHEETS

拍數: 0 牆數: 3 級數: Intermediate straight rhythm
編舞者: Phil Johnson (UK) & Carmela Saliba
音樂: Twist of Love - Sidsel Ben Semmane



Sequence: A, Tag, BA, Tag, B, A(1-32), ABB, Ending

PART A

ZIG ZAG FORWARD AND BACKWARDS WITH STEP TOUCHES AND CLAPS

- 1-2 (On right diagonal forward) step right forward, touch left beside and clap
- 3-4 (On left diagonal forward) step left forward, touch left beside right and clap
- 5-8 Repeat steps 1-4
- 9-10 (On right diagonal backwards) step right backwards, touch left beside right and clap
- 11-12 (On left diagonal backwards) step left backwards, touch right beside left and clap
- 13-16 Repeat steps 9-12

FULL PADDLE TURN LEFT WITH HIP BUMPS

- 17-18 ¼ turn left touching right toe to right side bumping hip to right, recover weight on left bumping hip to left
- 19-24 Repeat steps 17-18

SUPREMES STEPS RIGHT AND LEFT

- 25-27 Step right to right side turning body slightly right, step left together, step right to right side
- 28 Jump feet together (weight more on the right), clap hands facing front
- 29-32 Repeat steps 25-28 to the left starting with left to left side with ¼ turn left on count 28(weight on left)

GRAPEVINES RIGHT AND LEFT, ¼ TURN LEFT, BRUSH RIGHT

- 33-36 Step right to right side, step left behind right, step right to right side, touch left beside right
- 37-40 Step left to left side, step right behind left, ¼ turn left stepping forward on left, brush right forward

STEP FORWARD HOLD AND CLAP, ½ TURN LEFT HOLD AND CLAP TWICE

- 41-42 Step forward right, hold and clap hands forward at head height
- 43-44 Pivot half turn left, hold and clap hands forward at knee height (bending forward)
- 45-48 Repeat steps 41-44

RIGHT AND LEFT STRUTS FORWARD TWICE

- 49-50 (Still bent slightly forward) touch right toe forward, drop right heel to floor with finger clicks
- 51-52 (Still bent slightly forward) touch left toe forward, drop left heel to floor with finger clicks
- 53-56 Repeat steps 49-52

Remember this move from West Side Story? Sway right left as you strut forward

TOUCH ¾ RIGHT UNWIND, LEFT LOCK LEFT, BRUSH

- 57 Touch right toe to left heel,
- 58-60 Unwind ¾ turn right moving body from bent position to erect (body roll if you fancy) (weight on right) (3:00)
- 61-64 Step left forward, lock right behind left, step forward on left, brush right forward

TAG

- 1-4 Touch right toe forward bumping hips forward backwards forward backwards

PART B

DWIGHT SWIVELS, KICK, CROSS, SIDE, CROSS, TOUCH - RIGHT AND LEFT

- 1 Swivel left heel right touching right toe beside left foot
- 2 Swivel left toe right touching right heel diagonally forward right
- 3 Swivel left heel right touching right toe beside left foot
- 4 Kick right diagonally forward right
- 5-8 Cross step right over left, (keeping legs crossed) step left slightly to left, cross step right over left, (uncross) touch left beside right

- 9-16 Repeat steps 1-8 to the left starting with swivel right heel to left touching left toe beside right foot

Alternative to Dwights: just twist heels toes heels to right (weight on left at the end) cross right over left and do the cross side cross feet together then the same to the left)

TWIST FULL TURN LEFT

- 17-18 Touch right toe forward starting to do a ¼ turn left bumping hips to right, recover weight on left bumping hips to left
- 19-24 Keeping both feet in place while doing the twist (bumping hips right left right left right left, elbows going like the clappers) To complete a half turn left (9:00)
- 25-32 Repeat steps 17-24 (to return to 3:00)
- 33-64 Repeat steps 1 -32

ENDING

Finish with the first 13 steps of Part B then unwind half turn right to front over three beats of music with arms in the air
