Two-Step Timin'

級數: Intermediate

編舞者: Waylon Robbins (USA)

音樂: One of Those Nights Tonight - Lorrie Morgan

REVERSE & FORWARD BASICS

拍數: 44

- Q-Q-S-S Step back on right, step back on left, step back on right-hold, step back on left-hold
- Q-Q-S-S Step forward on right, step forward on left, step forward on right-hold, step forward on lefthold
- Q-Q-S-S Step back on right, step back on left, step back on right-hold, step back on left-hold

SIDE CROSS TWO-STEP JAZZ BASICS

- Q-Q-S-S Step right to right side, close left together next to right, step to right side on right-hold, cross left over right-hold
- Q-Q-S-S Step back on right, step left to left side, cross right over left-hold, step left to left side-hold
- Q-Q-S-S Step slightly to the right as you sway your hips right, step slightly to the left as you sway your hips left, step right apart and to the right side-hold, cross left over right-hold
- Q-Q-S-S Step back on right, step left to left side, cross right over left-hold, step left to left side-hold
- Q-Q-S-S Step slightly to the right as you sway your hips right, step slightly to the left as you sway your hips left, step right apart and to the right side-hold, cross left over right-hold

TWO-STEP SIDE STEP BASIC

Q-Q-S-S Step right to right side, close left together next to right, step right to right side, close left together next to right

FORWARD TWO-STEP BASIC WITH ½ TURN PIVOT TO RIGHT

Q-Q-S-S Step forward on right, step forward on left, step forward on right-hold, swing left leg in air & pivot 1/2 turn right on ball of right & place left forward-hold

STRAIGHT FORWARD TWO-STEP ENDING BASIC

Q-Q-S-S Step forward on right, step forward on left, step forward on right-hold, step forward on lefthold

REPEAT





牆數:2