

# U Need A Man (P)

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 0      級數: Partner  
編舞者: Rick Bates (USA) & Deborah Bates (USA)  
音樂: Beautiful Day - Rick Trevino



**Position:** Double Hand Hold Position. Man facing OLOD and Lady facing ILOD. Partners on opposite footwork

## MAN'S STEPS

### CROSS ROCK STEPS, TRIPLE STEPS

- 1-2      Cross right foot over left; rock back onto left foot
- 3&4      Triple step in place (right, left, right)
- 5-6      Cross left foot over right; rock back onto right foot
- 7&8      Triple step in place (left, right, left)

### SIDE STEP, TOGETHER, PIVOT, FORWARD SHUFFLE,

**Release man's right hand and lady's left. Raise man's left hand and lady's right as lady turns under upraised joined hands**

- 9-10      Step to the right on right foot; step left foot next to right
- &      Pivot  $\frac{1}{4}$  to the right on ball of left foot

**Partners now facing RLOD in the left open promenade position, holding inside hands. Man's left and lady's right**

- 11&12      Shuffle forward (right, left, right)

**Release man's left hand and lady's right**

### MILITARY PIVOT, FORWARD SHUFFLE

- 13-14      Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot

**Man takes up lady's left hand in his right. Partners now facing LOD in the right open promenade position, holding inside hands**

- 15&16      Shuffle forward (left, right, left)

### SUGAR FEET, FORWARD SHUFFLES

- 17-18      Turn right knee inward and touch right toe next to left foot; turn right knee outward and touch right heel next to left foot
- 19&20      Shuffle forward (right, left, right)
- 21-22      Turn left knee inward and touch left toe next to right foot; turn left knee outward and touch left heel next to right foot
- 23&24      Shuffle forward (left, right, left)

### MILITARY PIVOT, TURNING TRIPLE STEP

- 25-26      Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot

- 27&28      Triple step in place (right, left, right)

**Rejoin hands returning to the double hand hold position. Man facing OLOD and lady facing ILOD**

- 29-30      Step to the left on left foot; slide right foot next to left and step
- 31-32      Cross left foot over right and step; point right toe to the right

## REPEAT

## LADY'S STEPS

### DIAGONAL ROCK STEPS, TRIPLE STEPS

- 1-2      Step forward and diagonally to the left on left foot; rock back onto right foot
- 3&4      Triple step in place (left, right, left)

5-6 Step forward and diagonally to the right on right foot; rock back onto left foot  
7&8 Triple step in place (right, left, right)

### **FULL TURN TO THE LEFT, PIVOT, FORWARD SHUFFLE**

**Release man's right hand and lady's left. Raise man's left hand and lady's right as lady turns under upraised joined hands**

9-10 Step to the left on left foot and begin a full turn to the left traveling to the left; step on right foot and complete full turn to the left

& Pivot  $\frac{1}{4}$  to the left on ball of right foot

**Partners now facing RLOD in the left open promenade position, holding inside hands. Man's left and lady's right**

11&12 Shuffle forward (left, right, left)

**Release man's left hand and lady's right**

### **MILITARY PIVOT, FORWARD SHUFFLE**

13-14 Step forward on right foot; pivot  $\frac{1}{2}$  turn to the left on ball of right foot and shift weight to left foot

**Man takes up lady's left hand in his right. Partners now facing LOD in the right open promenade position, holding inside hands**

15&16 Shuffle forward (right, left, right)

### **SUGAR FEET, FORWARD SHUFFLES**

17-18 Turn left knee inward and touch left toe next to right foot; turn left knee outward and touch left heel next to right foot

19&20 Shuffle forward (left, right, left)

21-22 Turn right knee inward and touch right toe next to left foot; turn right knee outward and touch right heel next to left foot

23&24 Shuffle forward (right, left, right)

### **MILITARY PIVOT, TURNING TRIPLE STEP**

25-26 Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot

27&28 Triple step in place (left, right, left) making a  $\frac{1}{4}$  turn to the right on these steps

**Rejoin hands returning to the double hand hold position. Man facing OLOD and lady facing ILOD**

29-30 Step to the right on right foot; slide left foot next to right and step

31-32 Cross right foot over left and step; point left toe to the left

**REPEAT**

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