

Un Garçon

拍數: 32 牆數: 2 級數: Improver
編舞者: Gareth Mole (UK)
音樂: Boys - Britney Spears



The first 16 counts are done to an angle to the right

SLIDE BACK, BALL CHANGE, WALKS AND A COASTER STEP

- 1-2-3 Step right foot back and slide left foot to the right
- 4 Step back on the left and transfer weight back onto the right
- 5 Walk forward onto the left foot
- 6 Walk forward onto the right foot
- 7&8 Step the left foot forward, place right next to it and step back on the left

WALKS BACK, SAILOR STEP, BALL CHANGE AND PIVOT

- 1 Step back with right foot
- 2 Step back with left foot
- 3&4 Place right foot behind left, step left out to side and place the right heel out
- 5 Step down on the right foot and cross the left over the right
- 6-7-8 Unwind a whole turn ending up facing the front again

BALL POINT, TOUCH, COASTER STEP AND SHUFFLE

- 1 Place right foot down and point the left foot out to the floor
- 2 Lift the left foot up and touch next to the right foot,
- 3&4 Step the left foot back, place the right next to it and step forward on the left
- 5&6 Step forward on the right foot, close left to it and step forward on the right
- 7 Step forward on the left
- 8 Pivot half turn over the right shoulder stepping onto the right foot

WALKS FORWARD, POINTS AND HITCHES

- 1 Walk forward on the left foot
- 2 Walk forward on the right foot
- 3 Walk forward on the left foot
- 4 Touch the right foot next to the left
- 5 Point the right foot out to the side
- 6 Bring the right foot back to the center and point the left foot out to the side
- 7 Bring the left foot back to the center and put the right heel out to the front
- 8 Hitch the right knee up and put the right foot down again leaving weight on the left foot to start again

REPEAT

TAG

On the 9th wall. The wall before the tag, Britney stops singing, instead she mumbles. Just before you start the tag Britney says "Let's see what you can do then".

- 1 Step forward on the right foot and paddle a 1/6 of the way around
- 2 Recover weight onto the left foot
- 3 Paddle another 1/6 of the way around
- 4 Recover weight onto left foot but this time stick your right arm out to the side
- 5 Paddle another 1/6 of the way around
- 6 Recover weight onto the left foot
- 7 Paddle another 1/6 of the way around
- 8 Recover weight onto the left foot but this time also put your left arm out to the side,

- 1 Paddle another 1/6 of the way around
- 2 Recover weight onto the left foot
- 3 Paddle another 1/6 of the way around
- 4 Recover weight back onto the left foot and place arms down by side
- 5 Step forward onto the right foot
- 6 Step forward onto the left foot
- 7 Jump both feet together in the center
- 8 Raise heel two times, leaving weight on the left foot ready to start again

NOTES

Within the tag the arms are kept out until they are put back down again

The first 16 counts are done facing an angle to your right, you straighten up when you do the coaster heel

Optional: when you do the 3 walks forward at the end you can swing your arms and legs at the same time
