Una Mas Tequila (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Mike Derrik (UK) & Margaret Howarth (UK)

音樂: He Drinks Tequila - Lorrie Morgan & Sammy Kershaw



Position: Man facing LOD, lady facing RLOD, hands crossed left over right. Steps same unless indicated

CROSS ROCK TRIPLE STEP, CROSS ROCK TRIPLE STEP WITH ½ TURN TO THE RIGHT FOR LADY

1-2 Cross rock right over left, rock back on left3&4 Triple step (right-left-right) on the spot

5-6 Cross rock left over right. Rock back on right (raise left hands high)

7&8 MAN: Triple step (left-right-left) on the spot

LADY: Triple ½ turn to the left (left-right-left) to LOD and into Sweetheart Position

THREE FORWARD SHUFFLES, (1/2 TURN PIVOT TO THE RIGHT FOR LADY)

9-14 Right shuffle, left shuffle, right shuffle forward

15-16 MAN: Rock forward on left & back on right (release left hands)

LADY: Step forward left, ½ pivot to the right to RLOD

TWO SHUFFLES TO RLOD, ROCK TURN, TWO SHUFFLES TO LOD, KICK BALL CHANGE

17&18 MAN: Left shuffle back

LADY: Left shuffle forward (RLOD)

19&20 MAN: Right shuffle back

LADY: Right shuffle forward (RLOD)

21&22 MAN: Rock back on left, forward on right

LADY: Step forward on left making ½ turn to the left, step forward on right

Back in Sweetheart

23-26 Left shuffle, right shuffle forward (LOD)

27&28 Left kick ball change

4 SHUFFLES TURNING TO THE RIGHT STARTING LEFT-RIGHT-LEFT MOVING FORWARD, KICK BALL CHANGE

29-36 Four shuffles turning to the right starting left-right-left (full turn), kick ball change

Release left hands, hold right hands high. Alternative is windmill turns to complete full turn

37&38 Left kick ball change (back in Sweetheart Position)

STEP, LOCK, STEP, SCUFF, TWO SHUFFLES (1/2 TURN TO THE RIGHT FOR LADY) ROCK, RECOVER

39-42 Step left forward, lock right behind left, step left forward, scuff right forward

43&44 Right shuffle forward (release left hands)

45&46 MAN: Left shuffle forward

LADY: Left turning shuffle to the right to RLOD

47&48 Rock back on right, rock forward on left

REPEAT