

Unbreak My Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Kim Ray (UK)
音樂: Unbreak My Heart - El Divo



Start dance with left toe touched back

½ TURN LEFT, RIGHT LOCK STEP FORWARD, SWEEP CROSS BACK, SWEEP BEHIND SIDE CROSS ROCK, SIDE CROSS

- 1 Turn ½ turn left stepping forward on left dragging right behind
- 2&3 Step forward on right, cross left behind, step forward on right
- &4&5 Sweep left round & forward, cross left over right, step back on right, step back on left
- &6&7 Sweep right round & back, cross right behind left, step left to left side, rock forward on right
- &8& Recover back on left, step right to right side, cross left over right

SLIDE RIGHT, ROCK RECOVER, ½ TURN RIGHT, CROSS SIDE, CROSS ROCK, FULL TURN INTO CROSS SHUFFLE

- 1-2& Large slide step to right side, rock back on left, recover on right
- 3&4& ¼ turn right stepping back on left, ¼ turn right stepping right to right side, cross step left over right, step right to right side
- 5-6& Cross rock left over right (lean forward going up on toes), recover back on right, ¼ turn left stepping forward on left
- 7&8& ½ turn left stepping back on right, ¼ turn left stepping left to left side, cross right over left, step left to left side

CROSS ROCK, & CROSS SHUFFLE, SWEEP CROSS ½ TURN, SWEEP CROSS ¼ TURN, TOUCH

- 1-2& Cross rock right over left (lean forward going up on toes), recover back on left, step right in place
- 3&4& Cross left over right, right to right side, cross left over right, sweep right round and forward
- 5&6& Cross right over left, ¼ turn right stepping back on left, ¼ turn right stepping right to right side, sweep left round and forward
- 7&8& Cross left over right, ¼ turn left stepping back on right, step left to left side, touch right toe next to left

2 TRIPLE FULL TURNS RIGHT, CROSS ROCK, CROSS UNWIND SWEEP, SAILOR ROCK RECOVER

- 1&2& Moving to right side make two full turns stepping right, left, right, left
- 3&4& Step right to right side, cross rock left over right, recover back on right, side step to left
- 5&6 Cross right over left, unwind a full turn left keeping weight on right, sweeping left out and back

Restart wall 4

- 7&8& Cross left behind right, step right to right side, rock forward on left, recover back on right

REPEAT

RESTART

Dance wall 4 to count 30 then restart (facing front)