Valentine Moon

級數: Improver

編舞者: Johnny S. (UK)

音樂: Valentine Moon (feat. Sam Brown) - Jools Holland

STEP - SLIDE TWICE

- 1-3 Step left foot forward, slide right forward over 2 counts & touch beside left
- 4-6 Step right foot to right side, slide left over 2 counts & touch beside right

¾ TURN LEFT, ROCK-RECOVER-STEP

- 1-3 Make ³⁄₄ turn left over 3 counts stepping on left, right, left
- 4-6 Rock right foot across left, recover weight onto left, step right slightly to right side

STEP WITH SWAYS TWICE (OPTIONAL - HANDS ON HIPS)

- 1-3 Step left forward & gently sway/rock body forward-back-forward (weight ends on left)
- 4-6 Step right forward & gently sway body forward-back-forward (weight ends on right)

STEP - POINT - HOLD TWICE

1-3 Step left foot back diagonally to left, point right toe to right (turn head to right), hold

4-6 Step right foot back diagonally to right, point left toe to left (turn head to left), hold

FULL TURN RIGHT, RIGHT COASTER STEP

- 1-3 Cross left foot over right & on ball of left make a full turn right
- Alternative: make full turn on the spot, stepping left, right, left or triple-step on the spot
- 4-6 Step right foot back, step left back beside right, step right foot forward

TWINKLE STEP WITH ½ TURN LEFT, TWINKLE STEP WITH ¼ TURN LEFT

- 1-3 Step left across right, step right back ½ turn left, step left beside right
- 4-6 Step right across left, step left ¼ turn left, step right beside left

FULL TURN LEFT, STEP, TOGETHER, STEP

1-3 Step forward on left & make a full turn left stepping left, right, left (traveling slightly forward)
4-6 Step right foot back, step left beside right, step right in place

DIAGONAL STEP FORWARD WITH SWAYS TWICE (OPTIONAL - HANDS ON HIPS)

- 1-3 Step left foot forward diagonally to left & gently sway hips forward-back-forward
- 4-6 Step right foot forward diagonally to right & gently sway hips forward-back-forward

REPEAT

TAG

After the first sequence

- 1-2-3 Step left forward, step right beside left, step left beside right
- 4-5-6 Step right back, step left beside right, step right beside left
- 1-2-3 Cross-step left over right, step right beside left, step left beside right
- 4-5-6 Cross-step right over left, step left beside right, step right beside left

The following applies only when using original track:

At the beginning of the 5th sequence (it's after the piano break and you'll be facing the front wall), Sam sings without the drumbeat. Just continue the dance as normal. Near the end of the song the music will slow down (you'll be facing the back wall & dancing counts 34-36). Just pause/pose after count 36, then complete the dance as normal from counts 37-48, holding for a good pose at the end on count 46





拍數: 32

牆數:2