# Vanilla Twirl



拍數: 28 牆數: 4 級數: Beginner

編舞者: Doris Volz

音樂: Tequila Sunrise - Alan Jackson



#### LEFT FORWARD, BACK, COASTER STEP

1 Step forward with left foot, push left hip forward

2 Rock back onto right foot3 Step back with left foot

& Step together with right foot next to left foot

4 Step forward with left foot

#### RIGHT FORWARD, BACK, COASTER STEP

5 Step forward with right foot, push right hip forward

Rock back onto left footStep back with right foot

& Step together with left foot next to right foot

8 Step forward with right foot

#### **ROCK LEFT, RIGHT, TRIPLE STEP**

9 Step to left side with left foot, push hips left

10 Rock weight onto right foot
11 Place left foot next to right foot
& Step in place with right foot
12 Step in place with left foot

#### ROCK RIGHT, LEFT, TRIPLE STEP

13 Step to right side with right foot, push hips right

14 Rock weight onto left foot
15 Place right foot next to left foot
& Step in place with left foot
16 Step in place with right foot

Option: Full turn right in place on steps 11&12. Full turn left in place on steps 15&16

## LEFT BACK, FORWARD, TRIPLE STEP

Step back with left footRock forward onto right foot

19 Step together with left foot next to right foot

& Step in place with right footStep in place with left foot

#### RIGHT BACK, FORWARD, RIGHT SIDE, LEFT SIDE

Step back with right footRock forward onto left foot

Step to right side with right foot, push hips right Step to left side with left foot, push hips left

### RIGHT SIDE, 1/4 TURN, LEFT TRIPLE STEP TURN

Step to right side with right foot, push hips right
 Pivot ¼ turn left placing weight on left foot
 Begin full left turn in place with right foot

& Continue full left turn with left footComplete full left turn with right foot

# **REPEAT**