Vertical Expression (P)



拍數: 64 牆數: 4 級數: Intermediate partner dance

編舞者: Toshio Suzuki (SG)

音樂: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



Position: Side By Side or Sweetheart. Both face the same direction and wall as the solo line dancers. Steps are the same for man and lady except where stated

This Partner dance is based on "Vertical Expression", a classic line dance which was choreographed by Robbie McGowan Hickie

Start sweetheart position. Man on lady's left, his right arm across her shoulder. Her right arm is bent at the elbow to join his right hand. Lady's left hand is in the man's left and is held in front of the man between his mid-chest and shoulder

MAN: BASIC CHA-CHA FORWARD / LADY: STEP, PIVOT ½ TURN LEFT, RIGHT SHUFFLE ½ TURN LEFT

Raise right hand over lady's head on count 1 & release left hand as lady turns on counts 2 3&; regain left hand on count 4

1-2 **MAN:** Step forward on right foot, rock back (recover) on left

LADY: Step forward on right foot, pivot ½ turn left (weight on left)

3&4 MAN: Triple step (in place) right, left, right

LADY: Right shuffle forward making ½ turn left stepping right, left, right

ROCK, ROCK, FLICK/KICKBALL - STEP

5-6 Rock back on left foot, recover on right

7&8 Low flick / kick left foot forward, step on ball of left foot beside the right, step slightly forward)

on right foot

ROCK, ROCK, LEFT LOCK STEP BACK, STEP BACK, SLIDE, LEFT SHUFFLE FORWARD

9-10 Rock forward on left foot, recover on right

11&12 Step back on left, lock right over left, step back on left

13-14 Long step back on right, slide left toe towards and across right

15&16 Left shuffle forward stepping left, right, left

MAN: SIDE ROCK, ROCK, SIDE SHUFFLE TOWARDS LEFT / LADY: SIDE ROCK, ROCK, TRIPLE STEP FULL TURN LEFT

Lead lady on/from count 17. Raise right hand over lady's head, dropping left hand as she turns on counts 19&; regain left hand on count 20 to resume Sweetheart Position

17-18 Rock right foot out to right side, rock in place on left 19&20 MAN: Side shuffle towards left stepping right, left, right

LADY: Triple step traveling full turn left stepping right, left, right

Move in front of man on counts 19&20

SIDE ROCK, ROCK, SYNCOPATED VINE

Sweetheart position but with lady slightly in front of man

21-22 Rock left foot out to left side, rock in place on right

23&24 Cross left foot behind right, step right foot to right, cross left over right

STEP, CROSS

Maintain sweetheart position as man starts to move slightly diagonally forward in front of lady at count 25

25-26 Step right foot to right side, cross left foot behind right

1/4 TURN RIGHT & RIGHT SHUFFLE FORWARD

Maintain sweetheart position. Man has moved to lady's left side at count 27

PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD

Maintain Sweetheart Position. On pivot ½ turn right at count 30, man has moved to lady's right side. For Reverse Sweetheart Position

29-30 Step forward on left foot, pivot ½ turn right (weight on right)

31&32 Left forward shuffle stepping left, right, left

Start Reverse Sweetheart Position. Man on lady's right, his left arm across her shoulder her left arm is bent at the elbow to join his left hand. Lady's right hand is in the man's right and is held in front of the man between his mid-chest and shoulder

MAN: BASIC CHA-CHA FORWARD / LADY: STEP, PIVOT ½ TURN LEFT, RIGHT SHUFFLE ½ TURN LEFT Raise right hand over lady's head on count 33 & release left hand as lady turns on counts 34-35&; regain left hand on count 4

33-34 MAN: Step forward on right foot, rock back (recover) on left

LADY: Step forward on right foot, pivot ½ turn left (weight on left)

35&36 MAN: Triple step (in place) right, left, right

LADY: Right shuffle forward making ½ turn left stepping right, left, right

ROCK, ROCK, FLICK/KICKBALL - STEP

37-38 Rock back on left foot, recover on right

39&40 Low flick / kick left foot forward, step on ball of left foot beside the right, step slightly forward

on right foot

ROCK, ROCK, LEFT LOCK STEP BACK, STEP BACK, SLIDE, LEFT SHUFFLE FORWARD

41-42 Rock forward on left foot, recover on right

43&44 Step back on left, lock right over left, step back on left

45-46 Long step back on right, slide left toe towards and across right

47&48 Left shuffle forward stepping left, right, left

MAN: SIDE ROCK, ROCK, TRIPLE, STEP FULL TURN LEFT / LADY: SIDE ROCK, ROCK, SIDE SHUFFLE TOWARDS LEFT

Man moves in front of lady on counts 19&20. Raise right hand turn on counts 19&; regain left hand on counts 20, 21 for reverse tandem position

49-50 Rock right foot out to right side, rock in place on left

51&52 MAN: Triple step traveling full turn left stepping right, left, right

LADY: Side shuffle towards left stepping right, left, right

SIDE ROCK, ROCK, SYNCOPATED VINE

Reverse Tandem Position. Man stands in front of lady but slightly to the right. Lady holds his right hand in her right over his right shoulder his left hand is on his left hip, fingers together pointing to his right side. Lady places her left hand on top of his left hand

Rock left foot out to left side, rock in place on right

55&56 Cross left foot behind right, step right foot to right, cross left over right

STEP, CROSS

Maintain reverse tandem position as both continue on same steps

57-58 Step right foot to right side, cross left foot behind right

1/4 TURN RIGHT & RIGHT SHUFFLE

Maintain Reverse Tandem Position as the couple ¼ turn right. Man is now on lady's left side. Lady takes small shuffle steps to allow the man to "overtake" slightly

59&60 Making ¼ turn right, shuffle forward stepping right, left, right

PIVOT ½ TURN RIGHT, LEFT, SHUFFLE FORWARD

Release left hand before pivot. Raise right hand over lady's head at counts 29,30. Regain both hands during the shuffle forward for Sweetheart Position man has moved to lady's left side

61-62 MAN: Large step forward (slightly diagonally to the right) on left foot, make ½ turn (U turn)

right on right

LADY: (In place or with very small steps) step forward on left foot, pivot ½ turn right

63&64 Left forward shuffle stepping left, right, left

Now facing 6:00

REPEAT