

Vision Of Love

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Kathy Kazmarek
音樂: Kiss You All Over - No Mercy



HEEL BOUNCES / ¼ TURN LEFT / HOLD/ ROCK BACK-IN PLACE

- 1-2 Bounce right heel twice-changing weight to right foot on second tap
- 3-4 Bounce left heel twice-changing weight to left foot on second tap
- 5-6 Lean forward onto right toe, pivot ¼ turn to the left
- 7 Hold for one beat
- &8 Rock back onto right foot; quickly step in place on left foot

HEEL BOUNCES / ¼ TURN LEFT / HOLD / ROCK BACK-IN PLACE

- 9-10 Bounce right heel twice-changing weight to right foot on second tap
- 11-12 Bounce left heel twice-changing weight to left foot on second tap
- 13-14 Lean forward onto right toe, pivot ¼ turn to the left
- 15 Hold for one beat
- &16 Rock back onto right foot; quickly step in place on left foot

WALK FORWARD 2 STEPS / COASTER STEP / WALK BACK 2 STEPS / COASTER STEP

- 17-18 Walk forward (right-left)
- 19&20 Forward on right foot, step tog with left, step back on right
- 21-22 Walk back (left-right)
- 23&24 Back on left foot, step tog with right, step forward on left

SAILOR STEPS/OUT-OUT/HOLD/IN-IN

- 25&26 Shuffle back (right-left-right)
- 27&28 Shuffle back (left-right-left)
- 29-30 Step out to right on right foot, step out to left on left foot
- 31 Hold for one beat
- &32 Step home with right foot-quickly step home with left foot

SIDE LUNGE-STEP IN PLACE/CROSS SHUFFLE

- 33-34 Lunge out to right on right foot, step in place on left foot
- 35&36 Shuffle across front of left foot (right-left-right)
- 37-38 Lunge out to left on left foot, step in place on right foot
- 39&40 Shuffle across front of right foot (left-right-left)

SYNCPATED CHASSE RIGHT/SYNCOPATED CHASSE LEFT

- 41-42 Step right foot to right side, hold for one count
- &43 Bring left foot next to right, quickly stepping right foot to right side
- 44 Touch left foot next to right foot
- 45-46 Step left foot to left side, hold for one count
- &47 Bring right foot next to left, quickly stepping left foot to left side
- 48 Touch right foot next to left foot

REPEAT