

# Wabash 101

拍數: 48      牆數: 4      級數: Intermediate  
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音樂: Wabash Cannonball - The GrooveGrass Boyz



## KICK, KICK STEP LOCK STEP, KICK KICK STEP LOCK STEP

1-2      Kick left forward (toward 1:00), kick left back (toward 7:00)  
3&4      Step left forward, lock right behind left, step left forward  
5-6      Kick right forward (toward 11:00), kick right back (toward 5:00)  
7&8      Step right forward, lock left behind right, step right forward

## BUMP, BUMP, BUMP AND UP WITH ¼ TURN LEFT, COASTER STEP, STEP ½ TURN

1-2      Bump hips left, bump hips right  
3&4      Bump hips left, bend knees and pivot ¼ turn left, straighten up  
5&6      Step back left, step back right, step forward left  
7-8      Step right forward, pivot ½ turn left

## SIDE & SIDE & KICK & KICK (REPEAT)

1&2&      Touch right to right side, step right beside left, touch left to left side, step left beside right  
3&4&      Kick right front, step right beside left, kick left front, step left beside right  
5&6&7&8&      Repeat above steps

## ROCK STEP, COASTER STEP, ROCK STEP, COASTER CROSS

1-2      Rock forward on right (at a right diagonal), step left in place  
3&4      Step right back, step left back, step right forward (facing front)  
5-6      Rock forward on left (at a left diagonal), step right in place  
7&8      Step left back, step right back, step left across in front of right

## WEAVE RIGHT, STEP SLIDE, BUMP, BUMP, BUMP & BUMP

1&2&      Step right to right, cross left behind right, step right to right, cross left in front of right  
3&4      Step right to right, cross left in behind, step right a long step to right  
5-6      Slide left beside right at the same time bump hips right, bump hips left  
7&8      Bump hips right, left, right

## MAMBO LEFT, MAMBO RIGHT, CRAZY SWIVELS

1&2      Step left to left, step right in place, step left beside right  
3&4      Step right to right, step left in place, step right beside left  
5&6      Swivel both toes out, swivel both heels out, swivel both heels in  
&7&8      Swivel both heels out, swivel both heels in, swivel both toes in, swivel both heels in

## REPEAT

## TAG

After 7th wall the music will stop. Take a deep breath and start again from the top.