

Wabash Mambo (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Karl Cregeen (UK) & Helen A. Cregeen
音樂: Wabash Cannonball - The GrooveGrass Boyz



Position: Closed Position

MAN'S STEPS

ROCK STEPS WITH MAMBO MOTION

- 1&2 Rock forward on your left foot outside the lady's left side, then rock back on your right foot, step left foot in place
- 3&4 Rock forward on your right foot outside the lady's right side, then rock back on your left foot, step right foot in place
- 5&6 Rock back away from your partner (open out backwards) with your left foot, replace weight on your right foot and then step your left in place
- 7&8 Rock back away from your partner (open out backwards) with your right foot, replace weight on your left foot, and then step your right in place
- 9&10 Rock directly forward on your left foot, replace weight onto your right foot then step left in place
- 11&12 Rock back on your right foot, replace weight onto your left foot, then step right in place
- 13&14 Take your left foot through the center of you and your partner and open out forward as you rock forward on your left foot, replace your weight onto your right foot, step with your left foot slightly to the left

Now facing your partner

- 15&16 Take your right foot through the center of you and your partner and open out forward as you rock forward on your right foot, replace your weight onto your left foot, step with your right foot slightly to the right

Now facing your partner

WALKS WITH TURN AND COASTER STEP

- 17-18 Step your left foot through the center of you and your partner (now facing to 3:00), then step forward on your right foot while pivoting $\frac{1}{2}$ turn on the toes (face 9:00)
- 19&20 Step back on your left foot, bring right next to left, and step forward on your left foot

$\frac{1}{4}$ TURN RIGHT AND SYNCOPATED VINE

- 21-22 Step $\frac{1}{4}$ turn right on your right foot, then step to the left side on your left foot
- 23&24 Step with your right foot behind your left, then step to the left, and step right across left foot

SHUFFLES TO SWAP PLACES WITH LADY AND BACK AGAIN

- 25&26 Shuffle forward on left, right, left
- 27&28 Shuffle on a right, left, right as you turn $\frac{1}{2}$ turn to the left, raise your left arm over your head allowing the lady to pass behind your back
- 29&30 Shuffle forward on left, right, left
- 31&32 Shuffle on a right, left, right as you turn $\frac{1}{2}$ turn to the right, raise your left arm over your lady's head allowing the lady to turn in front of you

You should have swapped places twice and ended up back in closed hold

SIDE STEPS WITH LADY'S TURN

- 33-36 Step to the left with your left foot, then step right next to left, step left to the side, and again step right next to left
- 37-40 Repeat steps 33-36 while your lady turns to the right

SIDE KICKS INTERACTIVELY WITH YOUR PARTNER

- 41-42 Step to the left side and kick your right foot outside the right of your partner
- 43-44 Step to the right with your right foot and kick your left foot to the left of your partner
- 45-46 Step your left foot in place and touch your right toe back
- 47-48 Step your right foot in place and touch left next to right (no weight)

REPEAT

LADY'S STEPS

- 1&2 Rock backwards at an angle on your right foot as the man rocks beside your left, then rock forward on your left foot, step right foot in place
- 3&4 Rock backwards at an angle on your left foot as the man rocks beside your right, then rock forward on your right foot, step left foot in place
- 5&6 Rock back away from your partner (open out backwards) with your right foot, replace weight on your left foot then step your right foot in place
- 7&8 Rock back away from your partner (open out backwards) with your left foot, replace weight on your right foot and the step your left foot in place

- 9&10 Rock directly backwards on your right foot replace weight onto your left foot then step right in place
- 11&12 Rock forward on your left foot, replace weight onto your right foot, then step left in place
- 13&14 Take your right foot through the center of you and your partner and open out forward as you rock forward on your right foot, replace your weight onto your left foot, step with your right foot slightly to the right
- 15&16 Take your left foot through the center of you and your partner and open out forward as you rock forward on your left foot, replace your weight onto your right foot, step with your left foot slightly to the left

- 17-18 Step your right foot through the center of you and your partner (now facing to 9:00), then step forward on your left foot while pivoting ½ turn on the toes (face 3:00)
- 19&20 Step back on your right foot, bring left next to right, and step forward on your right foot

- 21-22 Step ¼ turn left on your left foot, then step to the right side on your right foot
- 23&24 Step with your left foot behind your right, then step to the right, and step your left foot slightly forward

SHUFFLES TO SWAP PLACES WITH MAN AND BACK AGAIN

- 25&26 Shuffle forward on right, left, right
- 27&28 Shuffle on a left, right, left as you turn ½ turn to the right
- Man will raise your right arm over his head allowing you to pass behind his back**
- 29&30 Shuffle forward on right, left, right
- 31&32 Shuffle on a left, right, left as you turn ½ turn to the left

Raise your right arm as you pass under the man's arm. You should have swapped places twice and ended up back in closed hold

- 33-36 Step to the right with your right foot, then step left next to right, step right to the side, and again step left next to right
- 37-40 Lady performs a three step turn to the right by stepping, ¼ turn to the right on your right foot, then turn ¼ turn to the right as you step out with the left foot, and then ½ turn to the right as you step around and out with your right foot to the right side

- 41-42 Step to the left side and kick your right foot outside the right of your partner
- 43-44 Step to the right with your right foot and kick your left foot to the left of your partner
- 45-46 Step your left foot in place and touch your right toe back
- 47-48 Step your right foot in place and touch left next to right (with weight)

REPEAT
