Waikiki Cowboy

級數: Improver

編舞者: Jenny Rockett (UK)

音樂: Waikiki Cowboy - Victoria Shaw

Sequence: AB AB, A (up to count 28), BREAK, B (up to count 32) repeated to the end of the music

PART A (64 COUNT VERSE)

拍數: 0

(THE COWBOY BIT) VINE, KICK AND CLAP, (STEP, KICK AND CLAP) TWICE, LEFT AND RIGHT

- 1-4 Left step left, right step behind, left step left, right kick across left and clap
- 5-8 Right step right, left kick across right and clap, left step left, right kick across left and clap
- 9-12 Right step right, left step behind, right step right, left kick across right and clap
- 13-16 Left step left, right kick across left and clap, right step right, left kick across right and clap

(THE HULA BIT - USE HULA HAND MOVEMENTS AS YOU STEP-SLIDE) STEP- SLIDES, LEFT AND RIGHT

- 17-18 Left step left (swing your hips hula style please!), right slide together
- 19-22 Left step left, right slide together, left step left, right slide together
- 23-24 Left step left, right touch together
- 25-26 Right step right, left slide together
- 27-30 Right step right, left slide together, right step right, left slide together
- 31-32 Right step 1/4 turn right, hitch left knee

MAMBO, MAMBO TURN, MAMBO, MAMBO TURN

- 33-36 Left rock forward, return weight to right foot, left step together, hold
- 37-40 Right rock back making ¼ turn right, return weight to left foot, right step together, hold
- 41-44 Left rock forward, return weight to right foot, left step together, hold
- 45-48 Right rock back making ¼ turn right, return weight to left foot, right step together, hold

PIVOT TURN WITH HOLDS, FULL TURN, MAMBO, ROCK AND CROSS

- 49-50 Step left forward, hold
- 51-52 Pivot ¹/₂ turn to the right (right), hold
- 53-56 Step left, right, left on the spot, making full turn to right, hold
- 57-60 Right rock back, return weight to left foot, right step together, hold
- 61-64 Left rock left, return weight to right foot, left step across right foot, hold

PART B (40-COUNT CHORUS)

WEAVE WITH HITCH

- 1-4 Right step right, left step behind right foot, right step right, left step across right foot
- 5-8 Right step right, left step behind right foot, right step right, hitch left knee

ROCKS AND HITCH

9-12 Left rock forward, return weight to right foot, left rock forward, hitch right knee

TURNS WITH HITCHES

- 13-14 Right step in place making ¹/₄ turn right, hitch left knee
- 15-16 Left step in place making 1/4 turn right, hitch right knee

VINE RIGHT ½ TURN, VINE LEFT, HITCH

- 17-18 Right step right, left step behind right foot
- 19-20 Right step right making 1/2 turn right, hitch left knee
- 21-22 Left step left, right step behind left foot





牆數:4

23-24 Left step left, hitch right knee

ROCK AND CROSS TWICE

25-28 Right rock right, return weight to left foot, right step across left foot, hold

29-32 Left rock left, return weight to right foot, left step across right foot, hold

RIGHT VINE, ROCK AND CROSS

33-36 Right step right, left step behind, right step right, left step across right

37-40 Right rock right, return weight to left foot, right step across left foot, hold

During the 3rd verse there is a break in the music. Dance up to count 28, then stand hands on hips as if thinking on a problem. Then sing with Victoria Shaw "What am I? Nuts?" and resume the dance with the chorus steps to the end. Of course, Line Dancers are the best type of nuts! Don't be surprised if everyone answers "YES"