# Waltzing With The Wind



拍數: 30 牆數: 4 級數: Improver waltz

編舞者: Nancy Morgan (USA)

音樂: Dream On Texas Ladies - John Michael Montgomery



#### DIAGONALLY WALTZ FORWARD LEFT

1-2-3 Step forward and diagonally to your left on right heel (rolling up on toe), step left toe next to

right foot, step forward on right toe dropping heel to floor

## DIAGONALLY WALTZ FORWARD RIGHT

1-2-3 Step forward and diagonally to your right on left heel (rolling up on toe), step right toe next to left foot, step forward on left toe dropping heel to floor

## **CHECK STEP - FORWARD AND BACK**

1-2-3 Step right foot across left foot and forward, step back on left, step right next to left (take left hand and reach out as you step forward on your right)

#### **WALTZ TURN LEFT**

1-2-3 Step left to left side, turn ½ turn to your left as you step right to right side, turn ½ turn to your left as you step left to left side

### CROSS, CHECK STEP

1-2-3 Cross right over left, step left to left side (lean into this), shift weight back to right

# **TIC TOC**

1-2-3 Cross left over right, step right foot forward ½ turn to left, step left foot to right

#### **TIC TOC**

1-2-3 Cross right over left, step left foot forward ½ turn to right, bring right foot to left

# **CHECK STEP - FORWARD AND BACK**

1-2-3 Step left foot across right foot and forward, step back on right, step left next to right (take right hand and reach out as you step forward on your left)

## STEP 1/4 TURN

1-2-3 Step right foot forward, step left foot to left as you turn a ¼ turn to left, step right foot back

#### STEP BACK DIAGONALLY AND SLOWLY DRAG FOOT TO LEFT

1-2-3 (Men) step back on left, drag right foot for two (2) counts as you slide right next to left for a touch

# Variation (develope'):

1-2-3 (Women) step back on left, lift right knee slightly up and extend toe forward (point toe)

# **REPEAT**